

## 9th Senior Federation-Cup National Tug-of-War Championship ( Men & Women) - (2010-11)

Dated: 08-03-2011 - 11-03-2011, Location: Ramhlun Sports Complex, Aizawl - Mizoram

### Categories

- Senior Men
- Senior Women
- Senior Mix 4+4

### Weights

- 640kg
- 480kg
- 560kg

### Details

The Tug of War Federation of India (TWFI) Organized its 9th Senior Federation- Cup National Tug-of-War Championship Men & Women at the Ramhlun Sports Complex, Aizawl, Mizoram from 8-11 March, 2011. The Championships was hosted by Mizoram Tug-of-War Association

### Results

Category	Gold	Silver	Bronze
Men 640 kg.	Punjab	Haryana HPSG	Mizoram
Women 480 kg.	Punjab	Mizoram	Assam
Mix 4+4 560 kg.	Punjab	Mizoram	Delhi