

29th Senior Men & Women National Championship 2016-17 - (2016-17)**Event Sl.No. 129**

Dated: 05-09-2016 - 07-10-2016, Location: Jhunir, Mansa - Punjab

Categories

- Senior Men
- Senior Women
- Senior Mix 4+4

Weights

- 600kg
- 640kg
- 480kg
- 500kg
- 560kg

Details

29th Senior Men & Women National Tug-of-War Championships. held from 5-7 Sept. 2016 at the Sports Complex, The Enlightened Group of Colleges, Jhunir, Mansa, Punjab. hosted by Tug of War Association of Punjab organised by Tug of War Federation of India, New Delhi (TWFI).

Results

Category	Gold	Silver	Bronze
Senior Men 600kg	Punjab	Delhi	Kerala
Senior Men 640kg	Punjab	Punjab Power (PSPCL)	Kerala
Senior Women 480kg	Punjab	Kerala	Delhi
Senior Women 500kg	Punjab	Kerala	Karnataka
Senior Mix 4+4 560kg	Punjab	Maharashtra	Chattishgarh