

**34th Senior National Tug of War Championships (Indoor & Beach -Men, Women & Mixed 4+4) - (2021-22)**

Dated: 21-11-2021 - 23-11-2021, Location: Venue-2nd Chinchani, Palghar - Maharashtra

**Categories**

- Senior Men Indoor
- Senior Women Indoor
- Senior Indoor Mixed 4+4
- Senior Men Beach
- Senior Women Beach
- Senior Beach Mixed 4+4

**Weights**

- Indoor Men 680 Kg
- Indoor Men 620 Kg
- Indoor Men Catch Weight
- Indoor Women 520 Kg
- Indoor mixed 560 Kg
- Beach Men 580 Kg
- Beach Men 560 Kg
- Beach Men Catch Weight
- Beach Women 480 Kg
- Beach Women Catch Weight
- Beach Mixed 600 Kg

**Details**

34th Senior National Tug of War Championships (Men, Women & Mixed 4+4 Indoor & Beach Category) held at Venue-2nd Sports Ground of Goandevi Mandir & Chinchani Beach Chinchani, Palghar, Maharashtra from 21 Nov. to 23 Nov. 2021, hosted by Palghar Distt. Tug of War Association and Maharashtra Tug of War Association organised by Tug of War Federation of India, New Delhi (TWFI).

**Results**

Category	Gold	Silver	Bronze
Senior Men Indoor	MAHARASHTRA	ARUNACHAL PRADESH	RAJASTHAN
Senior Men Indoor	RAJASTHAN	TELANGANA	ARUNACHAL PRADESH
Senior Men Indoor	TELANGANA	GUJARAT	RAJASTHAN
Senior Women Indoor	TELANGANA	MAHARASHTRA	RAJASTHAN
Senior Indoor Mixed 4+4	DELHI	MAHARASHTRA	RAJASTHAN
Senior Men Beach	TAMILNADU	UTTARPRADESH	PUDUCHERRY
Senior Men Beach	MAHARASHTRA	TELANGANA	RAJASTHAN
Senior Men Beach	HARYANA POWER	RAJASTHAN	ARUNACHAL PRADESH
Senior Women Beach	RAJASTHAN	KARNATAKA	TAMIL NADU
Senior Women Beach	RAJASTHAN	TELANGANA	MAHARASHTRA
Senior Beach Mixed 4+4	MAHARASHTRA	TELANGANA	RAJASTHAN