

Indian Tug of War Competition Code-2013

4th Edition 2019 (Revised)

CHAPTER-I

Rules for Tug of War National, State & District level Competitions

4th Edition 2019 (Revised)



DEFINITIONS AND SPECIFICATIONS

1. TUG OF WAR SPORT

Tug of War is a sport played by Players who are bona-fide resident/citizens from State/U.Ts/ Districts of India or members of State/UT Tug of War Associations/TWFI Club affiliated or recognized by TWFI. The participants must be amateurs, as approved by TWFI, and they will adhere to the Rules and Directions as laid down by the Tug of War Federation of India (TWFI).

In National, State and District level Tug of War Championships, the following categories are recognized:-

2. CATEGORIES

Men and Women

(Outdoor, Indoor and Beach)

- i) Mini Sub-Junior under-10 years.
- ii) Sub-Junior under-13 years, under-15 years and under-17 years of age
- iii) Junior under-19 years of age
- iv) Senior under-23 years of age and 'Senior' for open age limit up to 55 years
- v) Veteran class, above 55 years.
- vi) Mixed 4+4 (4 Male and 4 Female) under Senior, Junior & Sub-Junior categories.

3. WEIGHT CLASSES

In all National/State and District level competitions the following team weights will apply:-

Light Ultra Featherweight not exceeding	230 kilos, 280 kilos 320 kilos, 340 kilos 360 kilos, 380 kilos 400 kilos, 420 kilos 440 kilos, 460 kilos
Ultra Featherweight not exceeding	480 kilos, 500 kilos
Featherweight not exceeding	520 kilos, 540 kilos

Lightweight not exceeding	560 kilos, 580 kilos
Light Middleweight not exceeding	600 kilos, 620 kilos
Middleweight not exceeding	640 kilos
Cruiserweight not exceeding	680 kilos
Heavyweight not exceeding	720 kilos
Catch weight	No weight limitations

The Following are the Official /Championships & Tournament of TWFJ National Championships:

- * Senior Men National Championship & (U-23 and Open age limit)
- * Junior Men National Championship
- * Sub-Junior Men National Championship & (U-13,U-15,U-17)
- * Senior Women National Championship
- * Junior Women National Championship
- * Sub-Junior Women National Championship & (U-13,U-15,U-17)
- * Mini Sub-Junior National Championship (Boys & Girls U-10)
- * Open Senior National Championships for Men & Women
- * Senior Federation-Cup National Championships for Men & Women
- * Junior Federation-Cup National Championships for Men & Women
- * Northern Regional National Championship for Men & Women
- * Southern Regional National Championship for Men & Women
- * Western Regional National Championship for Men & Women
- * Eastern Regional National Championship for Men & Women
- * Central Regional National Championship for Men & Women
- * North-East Zone Regional National Championship for Men & Women
- * Beach Sr. & Jr. National Championships for Men & Women
- * All India Rural Tug of War Championships for Men & Women
- * Veteran National Championships for Men & Women

International Tournament & Championships:

- * World Tug-of-War Outdoor Championship for Men & Women held in any part of world.
- * World Tug-of-War Junior Outdoor Championships for Men & Women held in any part of world.
- * World Tug-of-War Indoor Championship for Men & Women held in any part of world.

- * World Tug-of-War Junior Indoor Championships for Men & Women held in any part of world.
- * Asian Tug-of-War Indoor Championships for Men & Women held in any country of Asia.
- * Asian Tug-of-War Outdoor Championships for Men & Women held in any country of Asia.
- * South Asian Tug of War Championships for Men & Women under Senior & Junior Categories held in any country of South Asia.
- * International TWFI-Cup Championships for Men & Women under Senior & Junior Categories held in any country of Asia.
- * International Gold-Cup Championships for Men & Women under Senior & Junior Categories held in any country of Asia.
- * Indo-Nepal Tug of War International Goodwill Meet for Men & Women
- * Rajiv Gandhi International Tug-of-War Championship held in any country of Asia.

4. WEIGH-IN AND STAMPING

Weigh-in and Stamping of team done by the weight master and shall be completed at least one hour before the published time for the start of the competition. **(Please see Rules 26.)**

4.1. Over Weight of Team

A team's weight fails within the required weight limit, then it is considered as over weight. If a team is over weight, the TWFI official will give another chance (i.e. 2nd chance) for weight measurement of the team for correctly weighing under the competition weight class.

(i) Penalty for Re-Weigh-In of Team

The over weight team will use official re-weight measurement option for two times. But if the team fails the weight adjustment under the competition weight class and the team wants one more chance for the 3rd time then the team will deposit Rs.1000/- non-refundable cash to TWFI as penalty for the additional re-weigh-in.

The TWFI will give a last and final chance for re-weigh-in after the last option used and the result is the same. The over weight team will not be considered for participation in that particular weight class entry registered by the State associations/Club.

The Tournament Director/Chief Judge is allowed to move the team to the upper weight class of same age group or open age categories.

4.2. Minimum Weight of Team

The minimum weight of team must be 80% of the actual weight category. If a team fails to acquire 80% of weight then they need permission of the Secretary General, TWFI/ Tournament Director, for the promotion of the game the team is entitled only to participate.

4.3. Weight for Catch Weight Class

Catch weight means there is no limit of team weight for registration but the total weight of the team cannot be increased during the tournament for use by the substitute option.

(Rule 6.4 & 6.5 is applicable)

4.4 Weighing Room

(i) The organiser will provide one big room for the official weighing of teams

(ii) Only team players, coach or manager of the weighing team are allowed to enter the room

(iii) In case of women team one women coach/manager must be present in the room with his team at time of official weighing.

(iv) No outsider, team player, coach or manager of the other team, is allowed in the weighing room.

5. AGE LIMITS

5.1 Sub-Junior & Mini Sub-Junior

a) Mini Sub-Junior Under 10 years.

A puller is eligible to participate in the U-10 Mini Sub-Junior

category from the beginning of the year in which the puller age is of 8 years to 9 +years (<10yrs) as on the date of the event.

b) Sub-Junior Under-13 years

A puller is eligible to participate in the U-13 Sub-Junior category from the beginning of the year in which the puller age is of 10 years to 12+years (<13yrs) as on the date of the event.

c) Sub-Junior Under - 15 Years

A puller is eligible to participate in the U-15 Sub-Junior category from the beginning of the year in which the puller age of 13 year to 14+ years (<15 yrs) as on the date of the event.

5.2. Sub Junior Under-17 years category

A puller is eligible to participate in the Sub-Junior U-17 category from the beginning of the year in which the puller age is of 15 years to 16 + years (<17yrs) as on the date of the event.

5.3. Junior Under 19 years

A puller is eligible to participate in the U-19 category from the beginning of the year in which the puller reaches the age of 15 years to 18+ years (<19 yrs) as on the date of the event.

5.4. Senior

A puller is eligible to participate in the senior category from the beginning of the year in which the puller reaches the age of 17 years.

5.5. Age Limits in case of postponement of event

Host State will confirm the date of tournament and send invitation letter to all Tug-of-War teams from State/Club/Government Departments. In case of postponement of the event, the age limit of player will be allowed (if over age) as per the original date of tournament.

5.6. National Code Against Age Fraud in Sports

Government of India Rules of National Code against age fraud in Sports are applicable.(See page no. 203)

Age proof

Player will submit the xerox copy of age proof of the date of birth at the time of matches/tournament. The date of birth certificate, High School Certificate (only 10th Class Board Certificate is allowed) or Indian Passport. (Please bring the original documents which will be returned at the time of team registration itself after checking.)

5.7. Restrictions for Junior/Sub-Junior Player for Participation in Senior Categories: -

- (a) Sub Junior Boys & Girls will not be permitted to participate in Junior and Senior categories if any Sub-Junior player of any State/Club/Association is found participating in Junior or Senior categories after 18th Oct.2004, he/she will be disqualified for participation in the Sub Junior categories in future.

Example No.1, if Ram Kumar, aged 15 years from Delhi is participating in junior categories, he will not be allowed to participate in Sub-Junior events in future. He will have to participate only in junior categories in future till he/she comes in senior category.

- (b) Junior Boys & Girls will not be permitted to participate in senior categories. If any junior player of any State/Club/Unit is found participating in senior categories after 18th Oct.2004, He/She will be disqualified for participation in junior categories in future.

Example Anita Rani aged 17+ years from Tamil Nadu is participating in senior categories, she will not be allowed to participate in junior categories event in future. She will need to participate in senior categories only in future.

5.8 Date of Birth/Name of Participants/Father's name, Corrections (if any) in Certificates and other documents.

The TWFI or its affiliated State/District units will not consider

any request for change in the federation/association record, related to the correctness of the mentioned date of birth, or change/correction in personal name, participant's parentage, after complete of registration formalities for the tournament. Where a case is made out of official omission and noticed within three months of the end of the latest tournament after receipt of the particular game document, then a course of correction will be started in the office of the Federation/association. All later requests will be considered as after - thoughts and refused.

5.9 Invalid Certificate

Where it was found the candidate had taken undue age advantage in the past game engagement, then such certificate will be declared invalid for use and cancelled in the federation records.

6. TEAMS AND SUBSTITUTES

6.1. Team

a) Team for Men or Women

In a team of eight puller/player including team captain and two substitute as extra/reserve player with one manager & one coach/trainer with a total no of 12 sports persons will be termed as a team of men or women.

b) Team four plus four (4 Men & 4 Women)

In a team of eight pullers/players 4 men & 4 women including team captain and two substitutes, one Male & one female as extra/reserve player, with one manager & one coach/trainer with a total number of 12 sportspersons, will be termed as a team of 4 plus 4.

c) Captain of Team

A player who has participated in the last National Championships or in past years, is entitled to be considered as a team Captain. The final selection of Captain shall be the responsibility of the State Association/ club.

The team captain shall be indicated on the Entry form/Team registration form.

d). Responsibilities of Team Captain

He/she shall be responsible for ensuring

- i) That he/she is aware of all playing & general rules of TWFI.
- ii) That he/she maintains general discipline of his team during tournament.

6.2. Number of Pullers in a Team

Teams shall consist of eight pulling members at the start of the competition. The contest will be deemed to have commenced when both teams are in a position to pull under the direct supervision of the judge.

6.3. Citizenship Proof

Players of a State/UT/District/TWFI Club team must be domiciled citizens of the State/UT, for the team he/she is representing. Proof of citizenship is only accepted by passport or, an Election Identity Card/Aadhar card /domicile certificate from Sub-Divisional Magistrate.

(i) Participation for NRI/Persons of Indian Origin :

Only a person who claims to be a citizen of India and carries a valid Indian passport is entitled to represent the country in any national and international sport event.

(ii) Participation by Neutral gender player (Kinner) :

The Neutral gender person if participates in District/State/ National level tournament or Championships shall be treated as a Male player.

6.4. Conditions for using a Substitute

The substitute may replace any one puller for the duration of the competition. After the substitution has taken place, no other such changes may occur. Substitution may be used for tactical reasons or due to injury. Substitution may only take place after the team has weighed-in, and has finished the first end of the first match it pulls in. The replaced puller shall not participate in any subsequent matches of that weight-class.

The substitute must be a registered puller of the specific Club/State/ District or Country for which he/she acts as a substitute.

6.5. Substitution Procedure

Both, the puller to be replaced and the substitute, must report in full pulling outfit, (shirts, shorts, stockings and footwear) to the Chief Judge, who may designate an official to deal with the substitutes. A small (bathroom type) scale must be available at the pulling area, (in a suitable place, on solid surface), to determine the weight difference between the two pullers. The substitute puller must be of equal weight or less than the puller he/she replaces. The total weight of the team cannot be increased by the weight of the substitute, even if the team originally weighed less than the maximum weight for that weight class. Directly after the change, the Chief Judge or designated official shall cancel the stamp or marking of the replaced puller, and indicate a similar marking on the substitutes, with an indelible marker. The Chief Judge or the designated official shall note the substitution on the appropriate weight certificate, by adding and deleting the accreditation numbers of the pullers involved in the changes.

6.6. Minimum Number of Pullers

A second substitution will not be permitted. If a second injury occurs, the team is allowed to continue with seven pullers. A team is not allowed to continue a competition with less than seven pullers.

6.7. Substitute or Extra or Reserve Player in 4+4 Team

Four plus four (4+4) means: it's a team of 4 men and 4 women and two substitute/reserve player, one woman & one man as substitute/reserve/Extra player thus a total of 10 pullers for a team 4 + 4. The substitute may replace any one female puller with a female or male puller with a male for the duration of the competition, The Conditions for using a Substitute are as per rule of 6.4 & 6.5.

6.8. Over Weight of Substitute/Extra or Reserve Player

If Substitute player is over weight and not adjusted in the team in any condition than the over weight player will be disqualified to participate as substitute team member. In the above matter the TWFI will not issue the Participation/Merit certificate to the disqualified player.

6.9. Two Substitute/Extra or Reserve Players

Registration of two substitute players, is allowed including one substitute player is equal to light weight player of team member and 2nd substitute player is equal to heavy weight player of team member .

Note : The substitute may replace any one puller of light or heavy weight for the duration of the competition. The change of player in team will be allowed only one time during of competition as per rule no.6.4 and rules no. 6.

6.10. Left handed players

The national team entering the competition shall ensure that only right handed players are fielded and if there are left handed players than they too shall be placed as right handed players to conform to uniformity in the team. Thus left handed players are not permitted to use this position.

7. COACH/TRAINER/MANAGER /MASSEUR/ PHYSIOTHERAPIST/ DOCTOR

7.1 COACH/TRAINER

Each team may have a team coach or trainer to direct their puller. The Trainer function is to take care of his team before and after pulls. He is not allowed to speak to his team whilst they are pulling and must take up a position as directed by the judge in

charge of the match.

7.2 Qualification for Coach

The minimum qualification for the Coach of any State/Club/District Teams for participation in the National/State/Club/District level Championships of the game, shall be B.P Ed./C.P Ed/ Coaching Diploma of any game from NIS /LNCPE/PET failing which the TWFI will not grant him the status of a Coach. However, any person so appointed will be instead treated as the trainer of the team.

7.3 Qualification for Trainer

Any person as player of Tug of War game with two years participation in Senior National Tug of War Championship conducted by TWFI, is entitled to be considered as a team Trainer. The final selection of Trainer shall be the responsibility of the State/District Association/Club.

7.4 Manager

One Manager is allowed for each team. The Manager's function is to take care of his team as guardian before and after the match, out side the game arena. He is not allowed to step into the game arena to speak to his team, whilst they are pulling.

7.5 Masseur (Male or Female)/ Physiotherapist/ Doctor)

Each team is allowed to appoint one masseur (male/female)/one physiotherapist/and one doctor at No Cost to the TWFI towards board and lodging, TA/DA during the national /international competition etc.

8. SPORT EQUIPMENT

8.1. Sport dress

8.1.1.Sport dress for puller

Teams will wear proper sports clothing consisting of shorts, sports T-Shirt or full Sleeve-Sport Shirt or jerseys and knee-stockings or socks. The sport dress of the pullers in a team shall be uniform.

(See page no.86)

8.1.2.Sport dress for Beach Tug of War Competition.

Teams will wear proper sports color clothing consisting of shorts & Vest sleeveless for men's. Women sports persons are allowed skin hugging shorts & sports sleeveless T-shirt and shower cap. Muslim sportswomen may wear salwar and half sleeve T-shirts. The sport dress of the pullers in a team shall be uniform. Recommended beach uniform.

(See page no. 86.)

a) Head Dress:

All caps worn should be of the same colour, except for turbans which may be either a patka or Pagri of the same colour or a full turban wrapped around of the same colour.

b) Protective clothing worn outside

Except for the anchor, all protective clothing shall be worn outside the playing uniform.

Puller vest



Puller vest Front



Puller vest Back

The protective clothing worn by the anchor shall not exceed a maximum thickness of 5 centimeters ; it must always be worn under the sport clothing and placed between the rope and the body.

No hooks, grooves or other constructions intended to lock the rope are allowed on any of the protective clothing.

Anchor vest



Anchor vest Back



Anchor vest Front

Protective belt

Protective belts are only permitted if worn over the sport clothing.

8.1.3. Sport dress for coach /trainer and team Manager/attendant

Coach/Trainer and team Manager/ attendant of a team will wear either the same proper sports dress as the team or will wear proper tracksuits which shall conform to the colour(s) of the sport dress of the teams as indicate below:

- i) **Coach:** The same, which is T-shirt, trouser and white sports shoes as that of the playing team, however, the T-Shirt will have in print at the back, the word COACH and State's name.
- ii) **Trainer:** The same, which is T-Shirt, trouser and white sports shoes as that of playing team, however, the T-Shirt will have in print at the back, the word TRAINER and State's name.
- iii) **Manager:** The same, which is T-Shirt, trouser and white sports shoes as that of the playing team, however the T-Shirt will have in print at the back, the word MANAGER and State's name.

8.1.4. Headgear

Pullers, coach/trainer and team manager/attendant are allowed to wear the following headgear: cap, visor or bandana. The headgear shall conform to the colour(s) of the sport dress. The headgear shall be uniform for all pullers in the team wearing headgear as well as the coach/trainer and the team attendant/manager.

8.1.5. Protective Clothing and Belts

Clothing to protect the skin may be worn under the sport clothing subject to judge's approval.

8.2. Resin

Resin is allowed to facilitate the grip on the rope and the use is restricted to the hands only. In in-door competition resin may only be used when authorization is obtained to utilize resin in

the sports hall, if permitted to use resin in the sports hall, it shall be applied under the directions of the judges only.

8.3. Dress at weigh-in

Men teams may weigh-in in proper sized non-transparent sports shorts only. Women-teams may weigh-in in proper sized non-transparent sports shorts and shirts only. Boots need not be carried or worn on the scale during weigh-in.

8.4. Shoes

Outdoor shoes for International Competitions

The sole, heel and side of the heel must be perfectly flush. No metal toe caps or toe plates are permitted. Spikes and protruding nails from the soles or heels of the boot are not permitted. The fastening of the shoe shall not consist of any protruding clips which might cause injuries. A metal heel plate with the maximum thickness of 6.5 mm that is flush on the side and bottom of the heel is permitted. The size of the heel should not constitute more than one third of the entire sole area, nor less than one quarter. The depth of the heel as measured from the sole should not be less than 6.5 mm and not more than 25 mm. (Including the plate.)



TWIF APPROVED BOOT FOR OUT DOOR COMPETITIONS

8.4.1 Out-door shoes for National /State/District level Competitions

TWFI allows TWIF approved shoes as per Rules 8.4 or Indian DRM Army leather boot/shoes without metal heel plate or stub-nail, metal, Toe caps or toe plates are not permitted. Spikes and protruding nails from the soles or heels of the boot are not permitted.



8.4.2 In-door shoes

The shoes to be used for indoor tug of war should be as originally produced by any sport shoe manufacturer. The sole may be adapted but, should not be wider or longer than the upper part of the shoe. The sole should be made of rubber or such material as to give optimum grip but not cause damage to the pulling surface or floor. The maximum length and width of the sole must not exceed the 'bare foot' measurement of the puller by more than 20%. Championship controlling officials shall arbitrate in matters of dispute.



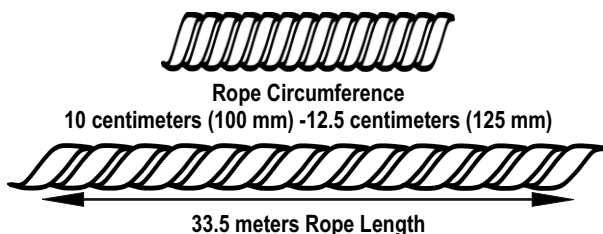
8.4.3 Shoes for Beach Tug of War

No shoes are presently required for Beach Tug of War Competitions. The Team will play barefoot.

9. ROPE SPECIFICATIONS

9.1. Rope dimensions

The rope must not be less than 10 centimeters (100 mm) or more than 12.5 centimeters (125 mm) in circumference, and must be free from knots or other holdings for the hands. The ends of the



rope shall have a whipping finish. The minimum length of the rope must not be less than 33.5 meters. Only Jute rope is allowed in TWFI competitions.

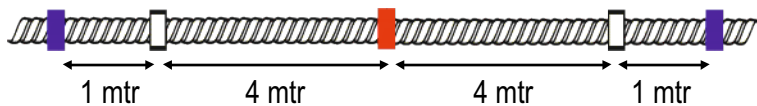
9.2. Rope marking

The tapes or markings shall be affixed so that they are easily adjustable by the judge in the event of the rope stretching or shrinking.

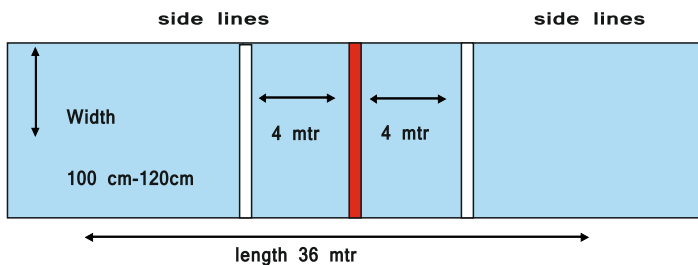
9.2.1. Rope marking out-door

Five tapes or rope markings shall be affixed as follows:

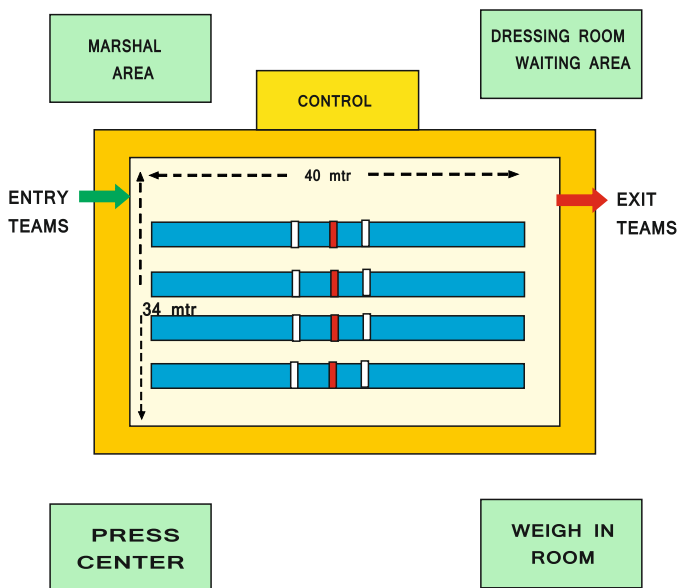
- (a) one (1) tape or marking at the centre of the rope
- (b) two (2) tapes or markings each four (4) meters on either side of the centre marking.
- (c) two (2) tapes or markings each five (5) meters on either side of the centre marking.
- (d) markings listed in (a),(b) and (c) shall be in three different colours.



Rope Marking Out-Door



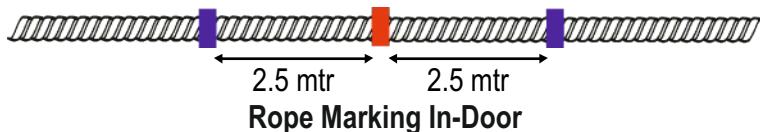
Dimension and layout of indoor hall



9.2.2. Rope marking in-door

Three tapes or rope markings shall be affixed as follows:

- (a) one (1) tape or marking at the centre of the rope
- (b) two (2) tapes or markings each two and a half (2.5) meters on either side of the centre marking
- (c) markings listed in (a) and (b) shall be in two different colours.



10. PULLING AREA AND MARKINGS

10.1. Out-door pulling area and marking

The pulling area shall be flat, level grass covered surface. One centre line shall be marked on the ground.

10.2. In-door pulling area and marking

The pulling surface shall be made of a material that will give sufficient friction to normal indoor sports shoes and is approved by TWFI. The recommended length of the pulling surface will be 36 meters. The recommended width of the pulling surface will be 100 - 120 centimeters. One centre line and two side lines four (4) meters on either side of the centre line shall be marked on the pulling surface/floor.

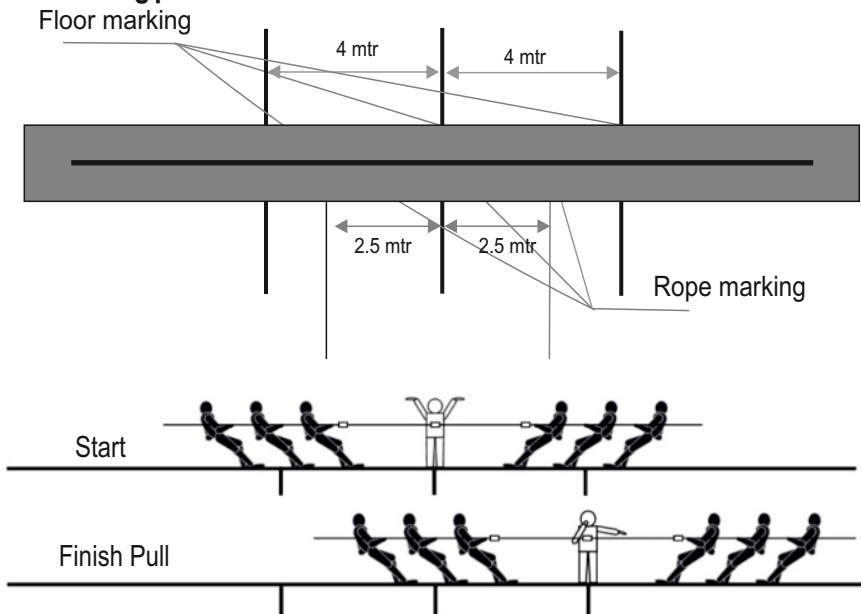
Detail Explanation

Indoor floor marking:

There will be three floor markers: one middle marker and two side markers on 4 meters on either side of the middle marker. The rope will also have only three rope markers; one middle marker and two markers on 2.5 meters on either side of the middle rope marker. These side markers on the rope only indicate the position where the first puller can grip the rope. The judge will follow the middle rope marker during the pull

until the middle marker of the rope passes the 4 meter side marking on the floor.

Winning pull Indoor:



A pull is won when the middle marker on the rope is pulled beyond the side marking on the floor.

PULLING TECHNIQUES RULES

11. ROPE GRIP

No competitor shall grip the rope within the length bounded by the outer tapes or markings. At the commencement of each pull the first pulling member shall grip the rope as close as possible to the outer tape or marking. No knots or loops shall be made in the rope, nor shall it be locked across any part of the body of any member of the team. Crossing the rope over itself constitutes a loop. At the start of a pull, the rope shall be taut with the center rope marking over the center line marking on the ground



12. PULLING POSITION

With the exception of the Anchor, every pulling member shall hold the rope with both bare hands by the ordinary grip, i.e. the palms of both hands facing up, and the rope shall pass between the body and the upper part of the arm. For hold of Anchor see Rule 13. Any other hold, which prevents the free movement of the rope, is a Lock and is an infringement of the Rules. The feet must be extended forward of the knees and team members should be in a pulling position at all times.

13. ANCHOR'S POSITION

The end puller shall be called the Anchor. The rope shall pass alongside the body, diagonally across the back and over the opposite shoulder from rear to front. The remaining rope shall pass under the armpit in a backward and outward direction and the slack shall run free. The Anchor shall then grip the standing part of the rope by the ordinary grip, i.e. the palms of both hands facing up, with both arms extended forward. The Anchor is allowed to keep the rope below the level of the protective belt and on safety grounds this will not constitute a Lock.

INFRINGEMENTS OF THE RULES

14. INFRINGEMENTS DURING COMPETITION

14.1. Infringements General

1. **Sitting:** Deliberately sitting on the ground, or failure to return immediately to the pulling position after slipping (**see page no.84**)
2. **Leaning:** Touching the ground with any part of the body other than the feet.
3. **Locking:** Any hold which prevents the free movement of the rope. (**see page no.82 &83**)
4. **Grip:** Any grip other than the ordinary grip as described in Rule 11, 12 and 13.
5. **Propping:** Holding the rope in a position where it does not pass between the body and upper part of the arm.

6. Position: Sitting on a foot or a limb or the feet not extended forward of the knee.

7. Climbing the rope: Passing the rope through the hands.

8. Rowing: Repeatedly sitting on the ground whilst the feet are moved backwards.

9. Anchor Position: Any other than the position described in Rule 13. (i) Lock by Anchor person: That the rope is not allowed to go or free movement below level of the belt without constituting a lock.

(see page no.85)

10. Trainer/Manager, Supporter: Speaking to his team whilst they are pulling.

11. Inactivity: Teams failing to actively engage in a competitive effort during a pull, leading to a prolonged stalemate, which could bring the sport into disrepute, constitute a No Pull, which can be called at any time. The pull will be restarted on either new or less broken ground in the immediate proximity of the original pulling lane. If a pull with periods of inactivity lasts longer than three minutes, the Chief Judge will draw the attention of the Centre Judge to call a No Pull.

12. Jerk: Team collectively pulls sharply with the intension to dislodge the opposition.

14.2. Infringements during outdoor competitions

1. Footholds: Making indents in the ground in any way before the command 'Take the Strain' is given.

2. Side-stepping: Stepping outside the pulling area of an outdoor competition.

14.3 Infringements during in-door competitions

1. Side-stepping: Stepping outside the pulling surface of an indoor competition.

15. DISQUALIFICATION

Teams will receive two (2) cautions for infringements of the Rules in

anyone (1) pull, before being disqualified. For all infringements of the Rules, a team may be deemed guilty if only one person offends.

15.1. Substitute player

Substitute player of any team playing without permission, such team is liable to disqualification from the tournament.

15.2. Touch the rope

In case Coach/Trainer/supporter of any team touches the rope during the pull of match, such team will disqualify from the match or/tournament on following grounds :

- i) Disqualification from the match if supporter of team touches the rope during the pull match (touch means only touching)
- ii) Disqualification from the tournament if Coach / Trainer / Manager of Team touches or pulls the rope or supporter of team pulls the rope during the match.

15.3. Walkover

If any team is not present in the arena after the end of 3 minutes of third and final call, the Chief Referee/Judge will disqualify the guilty team by giving walkover with winning point to the team present and the absent team will lose the match.

15.4. Change of Team Coach/Trainer

There shall be no change of team Coach/Trainer after the weighting of team. If any team changes Coach or Trainer without permission of TWFI, the team is liable to disqualify.

15.5. Indiscipline

Any type of indiscipline by team, individual player or Coach/Trainer/ Manager or any concerned persons of team in arena or accommodation place can attract disqualification for team playing in the tournament

15.6. Without Kit

Without proper scheduled uniform, team may be disqualified. Slacks on lower limbs are not permitted, except for women only for religious reasons.

15.7. Incomplete Documents for Entry or Registration

Team which do not submit the entry form with photos of Player/Coach/Manager and xerox copy of Date of Birth certificate of players etc. and not pay the Entry fee / Registration fee or any pending previous dues of TWFI, are liable for disqualification from tournament

15.8. Team Disqualification against Over Weight

Team over weighted during official weigh-in. The team is liable to disqualify.

15.8.1 Over Weight of Substitute player

If Substitute player is over weight and not adjusted in the team in any condition than the over weight player will be disqualified to participate as substitute team member. (See rules 6.8)

15.9. Team Disqualification against Supporter Entry in Arena

Any supporter of the team who enters in the arena under 30 meter of the court during the time of pull /match. The opposite team will be declared winner against the team disqualified on this ground.

15.9.1. Both teams supporters

If both teams' supporters do so, in such condition No Pull shall be declared only one time again the team supporters do so the both teams will be disqualified from the tournament.

15.10. Team Disqualification against leaving the rope

Any team leaving the rope during the pulling shall be liable to disqualify.

15.11. Team Disqualification if a Team Refused for Pull

In any condition if any team refuses to pull on order of judge/referee during the event, such team shall be liable to disqualify.

15.12. Team Disqualification against Threat to Judge/ Referee/ Official

Any Team/player/official who threatens Judge/referee, Official regarding any official matter or Judgment or use filthy language

or misbehavior, such team/player/official shall be liable to disqualify.

15.13 Team Disqualification for carrying of weapons in the Playing and weighing arena by any team players :

Weapons like kripa, knife, gun, pistol etc. will not be allowed during championship especially in the weighing and playing arena. The team/player/official doing so shall be liable to disqualify.

15.14. Sexual Harassment of Sports persons

Action against complaint of sexual harassment shall be taken as per Government guideline and norms to prevent incidents of sexual harassment. (See page no. 216)

15.15. Violation of Rules of Anti-Doping

The Team shall Disqualify from merit / tournament if an athlete any member of team is found guilty of dope and test he/she will be black listed from the National, State, as well as district teams for a period of three years. (Refer Rule - 44)

15.16. Blows whistle by player/coach/manager :

During the commencement of a game if any player, coach, manager blows his sports whistle in the ground/arena to distract the match playing teams, it will be considered as a punishable offence and the Tournament Director or Chief Judge has the authority to disqualify him/her from the tournament and report to the ExeCo., TWFI to black list his name. His earlier record in the game will also be deleted.

16. BREACH OF THE RULES

Failure to comply with any of the Rules for Competition may obviate teams from competing.

16.a) Meaning of Oath.

All the players participating in National/State/District championship or tournament have to take an oath before the start

of the event for commitment to follow all the TWFI rules. The oath is an agreement which a player makes to follow all the rules made by TWFI in the “Indian Tug of War Competition Code- 2013” with all its amendments from time to time.

b) Oath.

We, the players of **(name of event)** being held at **(venue and date)** take this oath to follow all the rules made by the TWFI in the “Indian Tug of War Competition Code- 2013” and its amendments, and committing ourselves to the sport without doping and use of drugs, in the true spirit of sportsmanship, for the glory of the sport and the honour of the game.

COMPETITION MATCHES AND SCORES

17. MATCHES, PULLS AND REST PERIOD

A competition consists of $\frac{\{n \times (n-1)\}}{2}$ matches, in which ‘n’ is the number of teams in the competition. Each match consists of two (2) pulls

A reasonable or maximum 2 minutes rest will be granted between pulls. A maximum of six (6) minutes may be given between matches by Centre Judge/Referee, beginning when a team leaves the arena and ending when a team is in the marshaling area ready to re-enter the arena.

18. TOSS and CALLING of matches

Before pulling commences, the choice of ends will be decided by the toss of a coin. After the first pull, the teams will change ends. If a third pull is necessary, the choice of ends will again be decided by the toss of a coin.

Announcements/ Calling

Announcements/ Calling of the matches for the teams will be made thrice as First Call, Second Call, Third and the Final Call. Each call will be announced at an interval of three minutes.

19. WINNING A PULL

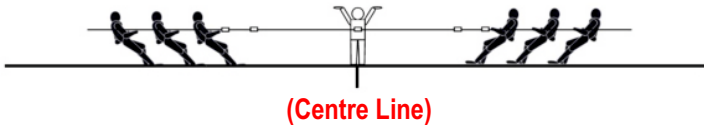
19.1. Winning a pull in general

A pull is won by a team either by moving the rope to the required distance as indicated by the markings without infringements or through the disqualification of the other team by the judge.

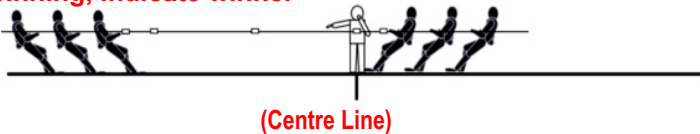
19.2. Winning pull out-door

A pull is won when one of the side markers on the rope is pulled beyond the centre line marking on the ground without infringements. **Winning, Indicate Winner**

Start



winning, Indicate winner

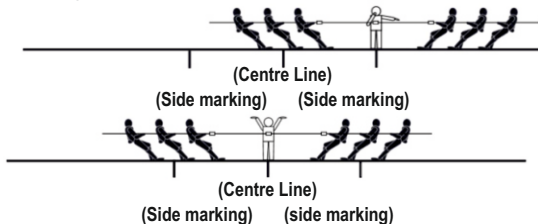


19.3. Winning pull in-door

A pull is won when the middle marker on the rope is pulled beyond the side marking on the floor without infringements.

Winning, Indicate Winner

Start



19.4. Icon of Winner and Loser/No Pull:

- In the TWFI competition score sheet 'O' icon for winner and X icon for loser in a pull.
- 'NP' icon mean No Pull.

20. SCORE

20.1. Points Competition

A team winning a match by two (2) pulls to nil will score three (3) points, the losing team will score no (0) points. Teams winning one pull each; each team will score one (1) point.

20.2. Pull-offs

Semi Finals and Finals Matches will be won by two (2) pulls out of three (3). A team winning a match by two (2) pulls to nil (0) will score three (3) points, the losing team scoring no (0) points. A

team winning a match by two (2) pulls to one (1) will score two(2) points, the losing team scoring one (1) point

21. NO PULL

A No Pull will be declared in the event of:

- (a) both teams being guilty of infringements; after twice being cautioned.
- (b) both teams being guilty of inactivity.
- (c) both teams leaving go of the rope before the finish of a pull.
- (d) a pull being interrupted without infringement by either of the teams

When a No Pull is declared in the case (a, b or c above), no rest period will be granted and the pull shall be retaken immediately and without any aid or service.

When a No Pull is declared in the case of (d) a reasonable rest period will be granted.

- (e) When a no pull is declared in case of rule 14.1(11), 15.9.1, no rest period will be granted and the pull shall be retaken immediately and without any aid or service.
- (f) No pull which can be called at any time if both teams violate the rules of Inactivity or sidestepping. The pull will be restarted on either new or less broken ground in the Judge will draw the attention of the Centre Referee/Judge to call a No Pull.
- (g) No pull when declared two times in a match. Where after two times of No Pull, and immediately start Next Pull, the Chief Judge /Central Referee declares the result, a team will be declared a winner by disqualifying the opposite team.
- (h) If No Pull is declared and the match doesn't start immediately for any reason or dispute, and if the matter is not resolved within 30 minutes of delay, No fresh match will be played and Chief Judge or the tournament director declare the result ,a team will be declared a winner by disqualifying the opposite team.
- (i) No pull will not be declared under the following conditions. If any

player/s slips/ collapse on ground during a pull for any reason, the Centre Referee will not declare 'no pull', and if the Centre Referee gives a 'no pull', then the Chief Judge or the tournament director shall have the authority to give a decision in favour of the winning team which pulled the rope to their side.

22. JUDGING/REFEREESHIP/OFFICIATION

22.1 Officials And Judges/Referee

Officials shall be appointed by the Tug-of-War Federation of India (TWFI) to have control of all national/State/ district level tournament/competitions and provide all technical assistance to organizers including Judging / Referee / Technical official Staff. The final selection of judges/referee for National/International competition shall be the responsibility of the TWFI.

22.2 Definition of Official

- i. **Officials:** He/She should be qualified TWFI Referee/Judge and passed Course Examinations and should be holder of valid TWFI license for Judging / Referee ship.
- ii. **Judge/Centre Judge or Referee:** Judge shall work all time in center court and conduct the match under the direction of Chief Judge.
- iii. **Side Judge or Referee:** He/She will work under the direction of Center Judge/Referee
- iv. **Chief Judge:**
He/She will be sitting on a chair and table, with a P.A. System and control all matches in the play arena·
 - He/she is the Director of Tournament/Chief Controller of Tournament or President of TWFI or Secretary General of TWFI or Chairman of the Jury of Appeal / Technical Committee of TWFI.
- v. **Timekeepers/Recorders:** To qualify, and be recognized by TWFI, timekeepers/recorders must first become registered

grade -E TWFI Referee then after they have officiated at two meetings under the supervision of a Grade -C Judge.

23. POWERS OF TWFI ExCo.

In case Clubs/State Association and/or Individuals at an event are liable to action for bringing the tug of war sport into disrepute, the Referee, Controller and the Chief Judge, in coordination with each other, are empowered to expel the club/State Association and/or individual from further participation during the event. The Referee shall prepare a report to the TWFI ExCo, which in accordance with the law of Constitution might take further disciplinary action against the Club/State Association and/or individual. The Executive Committee of TWFI is empowered to suspend or expel Club/State Association/Team and /or player/official from further participation in National/State/District Tug of War event, when Club/ State Association and /or individual are involved in any act of indiscipline.

24. POWERS AND RESPONSIBILITIES OF THE JUDGE

24.1. The appointed Judge/Referee for a match shall have sole control

He shall be responsible for ensuring:

- (1) That the Rules of TWFI are adhered to.
- (2) That the rope is laid out ready for competition before the teams arrive in the pulling area.
- (3) That, as far as possible, the pre-determined timetable is adhered to. He/She has the power to :
- (4) Grant rest periods as shown in Rule 17
- (5) Declare a No pull
- (6) Disqualify a team or teams after caution.
- (7) Disqualify a team without caution which he deems to be guilty of ungentlemanly conduct, by word or act, which is likely to bring disrepute to the sport.

In the event of the judge in charge giving a caution, which he will indicate by the common signal code, naming the team and adding first caution or last caution, the judge in charge must be clear and brief using the appropriate signals. The Chief Judge's decision shall be final at all times.

- (8) He can declare the winning team against infringements

24.2. Power of Chief Judge

There shall be one Chief Judge responsible for the conduct of the competition from weigh-in to the closing ceremony and all other referee/judges/officials shall act under his or her direction & Where an official complaint is made by or against a referee/judge, the rules of procedure to be followed in accordance with in Rule No.23.

- i) Chief Judge entitled to declare walk over. (refers Rule 15.3)
- ii) Chief Judge will draw the attention of Center Judge if Center Judge/Referee is ignored by the team which violates the rules.
- iii) Any time any pull can be called a No Pull if both teams violate the rules. The pull will be restarted on either new or less broken ground immediately.
- iv) He will use all powers of Referee and Judge/Side Judges.
- v) He has the power to change the ground during the pull or match
- vi) He can reverse the decision of Center Judge or Referee.
- vii) The Chief Judge's decision shall be final at all times
- viii) He has the power to declare the winner after a review of infringements committed by the teams.
- ix) He has the power to go in the play arena during the match and give caution or indicate an infringements to the players/ team.

- x) He has the power to declare the result of the match while sitting on the table. In this case after the Pull he will call the Centre Referee, Side referees and discuss and give the order to declare the winning team, of pull or match.
- xi) **Winning a pull in matches.** Central Referee /Judge does not declare the winning a pull during the matches. He will discuss with the Chief Judge/Director of Tournament and announce the infringements/caution to both teams in the arena during the pull or match. The winning a pull declare by the Chief Judge.
- xii) **Infringements/Caution record display.** During the Pull/matches the Chief Judge will record all infringements/caution during the pulls. He will display the number of infringements/cautions of both teams by play cards after matches.
- xiii) **Power for scoring in league/semi final & final matches.**
- a). A Team pulls by minimum number of infringements/cautions in a match by two (2) pulls to nil will score three(3) points.
 - b). The losing team with the maximum number of infringements/cautions will score number (0) points. If both teams infringements/caution are same ; than each team will score one(1) point
 - c). If a team won both the pulls but scores maximum number of fouls. then the Chief Judge /Director of Tournament has the power to give the losing team 3 points
 - d). If both teams have won one pull each, then the match will be decided by the Infringements/Cautions. If both teams have equal number of Infringements/Cautions then they will

get one point each

e). In case of semi final and final matches, if a match ends with one pull each, then the match will be decided by the infringements/cautions. If both teams have same number of infringements/cautions the match will be decided by the third pull.

f) if a team won both the pulls but scores maximum number of infringements/cautions and losing team has less infringements/cautions or minimum infringements and both the teams have equal power in fight, then the losing team will get three points and win the match.

xiv) Team Entry in Semi Final & Final. The good performance playing teams with minimum number of Infringements/ Cautions during League matches will enter in the Semi Final matches.

xv) Team winning. A team winning pull without Infringements/Cautions is the winning team. If the team won the pull by more than two infringements/cautions, the team will lose the match and the other team will be the winner of the match.

xvi) Poor Team. if team gains more than two infringements/cautions during the semi final matches. The Chief Judge has power to not allow the team to enter in the final match.

25. RESPONSIBILITIES OF SIDE JUDGES/REFEREE

In any International Tournament the side judges shall at all times act under the directions of the judge in charge. During the actual pulling the side judge shall take up a position alongside the competing teams and to the opposite side of the judge in

charge. The side judge shall observe the competing teams and indicate the infringements of the teams to the judge in charge, using the common signal code. The side judge will inform the offenders of the cautions given by the judge in charge.

Note: Side Judges/Referee duty is not compulsory for National/State and District level tournaments. The TWFI appointed Side Judges/Referee will be only for disputed matches.

26. WEIGH MASTER

In International or National or State or District or any TWFI competitions, stewards may be appointed by TWFI who shall be responsible to the Weigh master (Judge in charge of the weigh-in) for correctly weighing and stamping all competitors.

27. SIGNALS AND COMMANDS

27.1. THE START PROCEDURE

When the judge has received a signal from the two coaches that all is ready, he/she shall give the teams the following verbal and visual commands:

i) Pick up the rope

The rope shall then be gripped as defined in Rule 11, 12 and 13, the feet being flat on the ground.

ii) Take the Strain:

Sufficient strain being put on the rope to ensure that it is taut. In out-door competitions each puller may establish one foot hold with the heel or side of the boot with the extended foot.

iii) Steady:

The judge shall then signal the rope to the center position. When the rope is steady with the center mark over the center line on the ground.

iv) Pull:

After a reasonable pause

27.2 FINISH OF A PULL

The finish of a pull shall be signaled by the judge blowing a whistle and pointing in the direction of the team winning the pull or in the case of a No pull crossing his arms and pointing to the center mark.

27.3 LIST OF COMMANDS IN TUG-OF-WAR COMPETITION

(See page no 79 & 81)

	Command	Signal
1	Team are you ready	Indicating the team with the arm
2	Pick up the rope	Arms extended in front of the body
3	Take the strain	Arms extended upwards with hand palms inward
4	Rope to centre	Indicating the side which has to move to centre
5	Steady	Arms extended upwards with palms outwards
6	Pull	Flinging arms down to the sides
7	Indicate winner	Blowing whistle and pointing to the winning team
8	Change ends	Blowing whistle and crossing the arms over the head
9	No Pull	Blowing whistle and crossing the arms in front of the body
10	Caution	Raising the arm on the side of the infringing team and indicating by one or two fingers the first or second caution

27.4 LIST OF COMMON INFRINGEMENTS IN COMPETITION

(See page no 73)

S.No.	INFRINGEMENTS	SIGNAL
1	SITTING	moving flat hand horizontally
2	LEANING	open hand horizontal indicating to the ground
3	LOCKING	elbow touching the lifted upper leg
4	GRIP	two fists in front of each other
5	PROPPING	lifting movement with hands along the body
6	POSITION	kicking movement and stretching of the lower leg
7	CLIMBING THE ROPE	climbing movements with the fists
8	ROWING	rowing motion with arm and upper body
9	ANCHORS GRIP	with the hand touching the back
10	TRAINER	with the finger touching the lips
11	FOOTHOLDS	kicking with heels in the ground
12	SIDE-STEPPING	side stepping with one foot

COMPETITION STRUCTURE

28. GENERAL RULE FOR COMPLETION OF TOURNAMENT

The TWFI National Championships competition consists of a qualifying round, semi-finals and finals. The qualifying round will be a point's competition. For the points competition only one draw shall be made. The draw shall be made by the Tug-of-War Federation of India. The qualifying competition will result in four teams entering the semi-finals. The losers of the semi-final matches enter into the pull-off for the bronze medal and the winners of the semi-final matches enter into the final for the silver and the gold medals or as per rule 30.5.

29. MINIMUM NUMBER OF TEAMS

A minimum of 4 teams from Nations, States or Clubs or District Level per weight class are required for participation in World, Continental National/State/ District Championships. if there are no four team taking in a particular weight class, TWFI is allowed to move the teams to the

upper weight class or in catch weight or competition allowed as per rule 29.a. & 34.3 (b)2

29.a) Less than 4 Teams Entry in a Weight Class :

If there are fewer than four teams participating in a particular weight class, the team will not be considered for merit in that weight class. The medal or trophy will be awarded during the prize ceremony, but a merit certificate will not be issued. Only a participation certificate will be considered.

29.1 ADDITIONAL TEAMS PARTICIPATION

TWFI have the power to allow any State/Club more than one team for participation as promotion of sports. If any State/Clubs enters more than one team in a same weight class category then the team entitled as first team as team A and any extra team like team B, team C and so on.

29.2 ADDITIONAL TEAM ON NO-COST BASIS

Only one team of Club/State Association is allowed to participate in an event. If there are more than one team then additional teams will be allowed to play in the event on the basis of no-cost to TWFI.

30. TYPES OF TOURNAMENT

Methods for conducting tournaments of TWFI.

The first important matter is time at your disposal to complete the tournament i.e. how many days are there for the completion of the activity. After knowing the time equipment which is to be needed for the conduct of the activity should also be known. The number of participating teams and cost of the competition should also be worked out so that every thing should be planned before the competition for its smooth work and conduct. For proper success of the competition good and dedicated officials are needed as this will result in a good administration and the organization will be appreciated.

I) Three types of tournaments are recognized by TWFI for National/State and district level tournaments:

- i) League cum knock out
- ii) League cum league
- iii) Knock out cum knock out

II) Two types Methods of Drawing & Fixture are recognized by TWFI for National/State and district level tournaments :

i) Stair Case Method

The fixture can also be drawn with the help of stair-case method, as illustrated below, but there are certain draw backs in this method, such as:

Fixture for 9 teams

On each step / stair one team on the left side of each round is fixed starting from 1st team onwards till the last two teams play.

1-2								
1-3	2-3							
1-4	2-4	3-4						
1-5	2-5	3-5	4-5					
1-6	2-6	3-6	4-6	5-6				
1-7	2-7	3-7	4-7	5-7	6-7			
1-8	2-8	3-8	4-8	5-8	6-8	7-8		
1-9	2-9	3-9	4-9	5-9	6-9	7-9	8-9	

Note: It is not so easy to fix the matches of the concerned round as in the case of either Cyclic Method.

(ii) Cyclic Method

Note: While drawing the fixtures with cyclic method, the following issues are determined before hand. This will help you to make cross checks, to know the correctness of your fixtures.

- Total number of matches.
- In case of even number of teams, number one is fixed; the other numbers are rotated clock- wise.
- In case of odd number of teams, bye is fixed; all the teams are rotated clock-wise.
- The total number of rounds for even number of teams shall be $n-1$ and for odd-number of teams shall be ' n ' rounds. (' n '

stands for total number of teams)

Cyclic Method

Suppose the number of teams is 8.

No. of matches = = 28 No of Rounds $n-1=8-1=7$

I Round	II Round	III Round	IV Round	V Round	VI Round	VII Round
8 1	7 1	6 1	5 1	4 1	3 1	2 1
7 2	6 8	5 7	4 6	3 5	2 4	8 3
6 3	5 2	4 8	3 7	2 6	8 5	7 4
5 4	4 3	3 2	2 8	8 7	7 6	6 5

Fixture for 9 teams:

No. of matches = = = = 36

No. of Rounds = $n=9$

I Round	II Round	III Round	IV Round	V Round	VI Round	VII Round	VIII Round	IX Round
9 Bye	8 Bye	7 Bye	6 Bye	5 Bye	4 Bye	3 Bye	2 Bye	1 Bye
8 1	7 9	6 8	5 7	4 6	3 5	2 4	1 3	9 2
7 2	6 1	5 9	4 8	3 7	2 1	5 5	9 4	8 3
6 3	5 2	4 1	3 9	2 8	1 7	9 6	8 5	7 4
5 4	4 3	3 2	2 1	1 9	9 8	8 7	7 6	6 5

30.1. Draw and Fixture for one group

When less than 10 teams or 10 teams have entered in a weight class, all team will compete in one group and play single league cum knock-out tournaments/ matches. The top four team of the qualifying as per league rank /points scored will enter into the semi-finals.

The loser teams of semi-final matches will compete for third place and the winner of the semi-final matches enters in the final match, winner of final match get the first position and loser will get second position.

Note: Team entering in semi-finals & final is based on knock out cross system as under

1st Semi final match**1st rank team Vs. 4th rank team****and****2nd Semi final match****2nd rank team Vs 3rd rank team****Final : Winner of Ist Semi Final Vs Winner of IInd Semi Final**
Match for 3rd Place**Loser of Ist Semi Final Vs. Loser of IInd Semi Final****Example:****Total Number of Team : 6****Single Pool**

- A) Mizoram
- B) Punjab
- C) Maharashtra
- D) Haryana
- E) Delhi
- F) Kerala

Total Number of matches : $[n \times (n-1)] \div 2 = 6 \times (6-1) / 2 = 30 / 2 = 15$ matches

Team	Letter and Name Team	A	B	C	D	E	F	Final Point	Final of Placing
A	Mizoram		0	3	0	0	3	6	4 th
B	Punjab	3		3	3	0	3	12	2 nd
C	Maharashtra	0	0		0	0	3	3	5 th
D	Haryana	3	0	3		1	3	10	3 rd
E	Delhi	3	3	3	1		3	13	1 st
F	Kerala	0	0	0	0	0		0	6 th

League Qualifying team:

1. Delhi

2. Punjab
3. Haryana
4. Mizoram

Ist Semi-final : Delhi v/s Mizoram

IInd Semi-final : Punjab v/s Haryana

Note: The loser teams of semi-finals matches will compete for third place and the winners of the semi-final matches enter in the final match. Winner of final match achieve the first position and loser will get second position.

30.2. Draw and Fixture under League cum Knock-out tournaments for two groups.

When 12 or more teams have entered in a weight class, teams will compete in two groups and fixture of teams in the groups will be decided by the lottery system. All team of two groups will play among themselves on single league basis in their respective groups.

The top two teams of qualifying as per league rank /points scored from each group will be enter into semi-finals. The team ranking first in their group will compete against team ranking second from the other group.

Note: The Semi-final matches shall be played under knock-out cross system as under :

1st Semi final match:

1st rank team of Group-A Vs. 2nd rank team of Group-B and

2nd Semi final match:

1st rank team of Group-B Vs. 2nd rank team of Group-A

For example:

Let us consider we have total 12 (twelve) teams in a weight class, divided into two groups (6 teams in each group); after the completion of the league matches we got two-two teams from both groups.

League Qualifying team:

Group-A		Group-B
1. Delhi	←	1. Haryana
2. Punjab	←	2. Mizoram

Note : Cross System applicable.

1st Semi-final: Delhi v/s Mizoram.

IInd Semi-final: Haryana v/s Punjab

The loser teams of semi-final matches will compete for third place and the winners of the semi-final matches enters in the final match.

Winner of final match achieves the first position and loser will get second position

30.3. Draw and Fixture under League cum Knock-out tournaments for four groups

When 20 or more teams have entered in a weight class, teams will compete in four groups and fixture of teams in the groups will be decided by the lottery system and all team of four groups will play among themselves on single league basis in their respective groups.

The top team qualifying winner as per league rank /points from each group will entered into semi-finals. The top team in their group will compete against top team from the other group.

Note: The Semi-final matches will be played under Knock-out system as under

1st Semi final match:

Winner team of Group-A Vs. Winner team of Group-B
and

2nd Semi final match:

Winner team of Group-C Vs. Winner team of Group-D

For example:

Let us consider we have a total of 20 teams in a weight class, divided into four groups (5 teams in each group), after the completion of the league matches we get one top team from each groups.

Fixture for Semi-final under Knock-out system:-**1st Semi final match**

Winner of Group-A

Winner of Group-B

2nd Semi final match

Winner of Group-C

Winner of Group-D

Winner team enters into final**Winner team enters into final****Final & 3rd place Match :**

The loser teams of semi-final matches will compete for third place and the winners of the semi-final matches enters in the final match.

Winner of final match achieves the first position and loser will get second position

30.4. Draw and Fixture under League cum Knock-out tournaments for eight groups.

In some case more than 30 teams have entered in a weight class, The Director of Tournament, TWFI could form 8 groups and fixture of teams in the groups will be decided by the lottery system and all team of eight groups will play among themselves on single league basis in their respective groups

Quarter-finals: Following any one option for playing match decided by Director Tournament/Secretary General TWFI :

1. Knock- system**2. League- system**

The top team (1st rank) of league qualifying points scored from each group will be entered into the quarter-finals. The top team in the group will compete against the top team from the other group. In this case teams will play knockout matches, and winner of these matches will enter in the semi-finals, competing top teams with their corresponding groups. If Quarter-finals played with league system points scored competition from Quarter-final league will enter Semi-finals by cross as per rules 30.2

The loser teams of semi-final matches will compete for third place and the winners of the semi-final matches enters into the final match.

Winner of final, match will achieve the first position and loser will get second position.

30.4.1 Quarter-final System : When Quarter-final play is taken after the conclusion of the league the following rule will be applicable for the Quarter-final matches. The league matches will be played under two groups. The top first four teams of league qualifying points scored competitions from each groups, will be entered in the Quarter-final. The matches will be played by cross as in the following example.

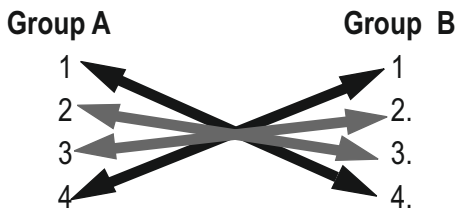
i) **The Match play will be as under :**

1st Quarter-final Group A 1 team Vs Group B 4 team

2nd Quarter-final Group A 2 team Vs Group B 3 team

3rd Quarter-final Group A 3 team Vs Group B 2 team

4th Quarter-final Group A 4 team Vs Group B 1 team



Note. Cross System is applicable in Quarter-final

ii) **The Quarter-final qualifying teams are as under the following conditions:-**

a) **If result of Quarter-final as under :-**

If two team winners from each groups are as under :-

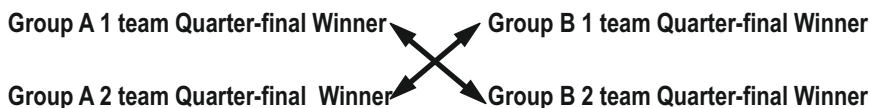
Group A 1 team winner of 1st Quarter-final Match

Group A 2 team Winner of 2nd Quarter-final Match

Group B 2 team Winner of 3rd Quarter-final Match

Group B 1 team Winner of 4th Quarter-final Match

Semi final play are as under :-



b) If result of Quarter-final as under :-

- Group A 1 team Winner of 1st Quarter-final Match
- Group A 2 team Winner of 2nd Quarter-final Match
- Group A 3 team Winner of 3rd Quarter-final Match
- Group A 4 team Winner of 4th Quarter-final Match

Semi final play are as under :-

The 4 teams winner of any one Group A or Group B the match of Semi final play under cross system

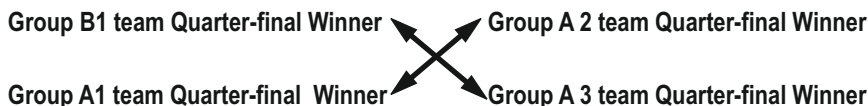


c) If result of quarter-final as under :-

- Group A 1 team winner of 1st Quarter- final Match
- Group A 2 team winner of 2nd Quarter- final Match
- Group A 3 team winner of 3rd Quarter- final Match
- Group B 1 team winner of 4th Quarter- final Match

Semi final play are as under :-

The 3 teams winner of any one Group A and one team winner from Group B the match of Semi final play are as under :-



If team B1 is winner from group B

B1 Vs A3 --- Ist semi final

A1 Vs A2 --- IInd semi final

d) If result of quarter-final as under :-

If team (only one team) B2 is winner from group B

d) If result of quarter-final as under :-

If team (only one team) B2 is winner from group B

Group A 1 team winner of 1st Quarter- final Match

Group A 2 team winner of 2nd Quarter- final Match

Group B 2 team winner of 3rd Quarter- final Match

Group A 4 team winner of 4th Quarter- final Match

Semi final play are as under :-

Group A1 team Quarter-final Winner Group A 2 team Quarter-final Winner



Group B 2 team Quarter-final Winner Group A 4 team Quarter-final Winner

A1 Vs A4 --- Ist semi final

B2 Vs A2 --- IInd semi final

e) If result of quarter-final as under :-

If team (one team) B3 is winner from group B

Group A 1 team winner of 1st Quarter- final Match

Group B 3 team winner of 2nd Quarter- final Match

Group A 3 team winner of 3rd Quarter- final Match

Group A 4 team winner of 4th Quarter- final Match

Semi final play are as under :-

Group A1 team Quarter-final Winner Group A 3 team Quarter-final Winner



Group A 4 team Quarter-final Winner Group B 3 team Quarter-final Winner

A1 Vs B3 ---- Ist semi final

A2 Vs A3 ---- IInd semi final

f) If result of quarter-final as under :-

If team(one team) B4 is winner from group B

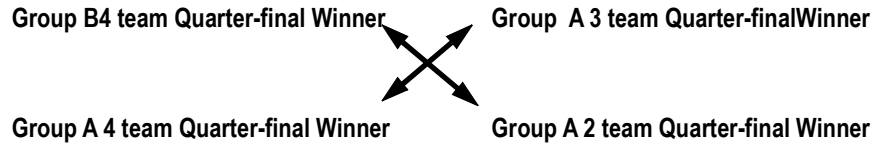
Group B 4 team winner of 1st Quarter- final Match

Group A 2 team winner of 2nd Quarter- final Match

Group A 3 team winner of 3rd Quarter- final Match

Group A 4 team winner of 4th Quarter- final Match

Semi final play are as under -:



B4 Vs A2 --- Ist semi final

A4 Vs A3 --- IInd semi final

Note :- Same will be treated for A1, A2, A3 and A4 accordingly.

30.5 Power to Overlook the Rule :

The Tournament Director/Chief Judge has the power to overlook the Rule 30.1, 30.2, 30.3, 30.4 with the permission of Secretary General ,TWFI or President of TWFI and conduct the championship/tournament by any method or system according to tournament duration and budget of the event.

31.DETERMINATION OF RANKING IN QUALIFYING COMPETITION

In the event after the qualifying competition, teams are in contention to enter into the semi-finals the following rules will apply to determine which team(s) will qualify for the semi-finals These rules will also apply to rank teams with equal points in qualifying competition.

(1) Result of matches

The team(s) with the best results in the matches between the teams concerned during the qualifying rounds will be first to qualify for participation in the semi-finals.

(2) Matches won

In the case that the results between the teams do not break the tie the team with the most matches won will go to the semi-finals.

(3) Cautions

In case the first 2 options do not break the tie, the team(s) with the least cautions in the qualifying rounds will be first to qualify for participation in the semi-finals.

(The number of cautions of a team in a match is the total number of

cautions accumulated in the pulls of that match. A team being disqualified in the qualifying rounds will be considered to have accumulated 3 cautions during that pull. In the event of a No-Pull, the cautions given prior to declaring a No-Pull will be accumulated to the total number of cautions of the team in that match. In the case of a No-Pull being declared due to infringements as indicated in Rule 21.a. both teams will accumulate 3 cautions.)

(4) Team weight

In case the first 3 options do not break the tie, the lightest team(s) will be first to qualify for participation in the semi-final. For this criterion the certified weight on the weighing sheet will be used.

(5) Toss or draw

In case all of the above criteria have not broken the tie, the qualification for participation in the semi-finals will be decided by toss of a coin or a draw.

(6) Overall Championship :

If TWFI or its affiliated units declare the Overall Championship Winner or Runner-up teams, then the following rule shall be applicable for the Overall Championship under the point system.

1. The participating State/District association /Club/ teams will play in 75 % weight categories competition of the event, and will be entitled for consideration for Overall Championship. The title declaration will be on the bases of final results in the total points counted in all weight categories. Point will be counted after the final results are received as under:
 - a) 1st Position /Gold Medal winner- 5 Points in each weight category
 - b) 2nd Position /Silver medal winner- 3 Points in each weight category
 - c) 3rd Position /Bronze medal winner- 1 Point in each weight category

Note : If the points are the same between the two or three State/District teams, then in that case then we will count the cautions/infringements and number of No pulls recorded during the league/semi final /final match. The minimum cautions/infringements and number of No pulls reported by teams will qualifying for the title of Overall Winner Championship or Runner-up.

31.(a) Defination of Excellent,Good & Poor Team

i) Excellent Team .

The excellent performance of a team is not only winning all the pulls/match of the tournament but winning them without any infringements or cautions.

ii) Good Team.

The good performance is not only of winning all the pulls of a match but winning them without or with minimum infringements.

iii) Poor Team.

The Definition of the poor performance If team gains more than two infringements/cautions during the pull or matches

32. SUPERVISION PULL-OFF AND DRAW

All pull-offs and drawing of lots shall be done under direct supervision of the appointed TWFI officials of the competition, these officials shall arbitrate in matters of dispute. All disputes are disposed off under Rules 34.5

33. DRESS CODE OF TWFI NATIONAL /STATE AND DISTRICT REFEREES & OTHER STATE OFFICIALS (See Photos on Page No 87-89)

33.1. Dress code of TWFI Referee / Judges and Executives :

- i. National Referee/Judges:** Navy Blue T-Shirt and Grey Trouser or Grey Pant, with white Shoes, Navy Blue Blazer. Navy Blue with Red stripe Tie and Navy Blue Panama Cap.
- ii. State Referee:** Sky Blue T-Shirt or half sleeves Shirt and Navy Blue Trouser/Pant, with White sports shoes, Royal Blue Blazer. Navy Blue Tie with Red stripe and Sky Blue Panama Cap.
- iii. District Referee:** White T-Shirt or half sleeves Shirt and white Trouser or White Pant with White sports shoes, Green Blazer, and Green tie with Red stripe and Green Panama Cap.
- iv. Time Keeper or Recorder:** White T-Shirt or half sleeves Shirt and white Trouser or Pant with White sports shoes, Green Blazer and Green tie with Red stripe and white Panama Cap.

33.2. Dress Code of State President/Secretary of TWFI State Association:

They will wear for identification, parrot green blazer, cream flannel Pant & white shirt and matching green cap green tie with

Red strap as winter dress. In summer time the dress would be parrot green colored T-shirt, Parrot green cap and white trousers with white sports shoes.

33.3. Dress Code of District President/Secretary of TWFI District Association:

They will wear for identification, Maroon Blazer, White Pant & White Shirt and matching Maroon cap and Maroon Tie as winter dress. In summer time the dress would be Maroon colored T shirt, and white trousers/Pant with white sports shoes.

33.4. Dress Code of TWFI Executive Office Bearers:

They will wear for identification, White T-Shirt or White Shirt, Grey pant, with Black Shoes, Navy Blue Blazer, Navy Blue Tie with Red stripe and Navy Blue Cap [Note: In Summer season, the Shirt and T-Shirt will be of half sleeves and during winters it will be of full sleeves with Blazer or Jersey and TWFI patch on the left side of the chest].

33.5 Definitions of TWFI Judges/Referees Grading system

- **Grade A Judges** : Those persons who achieved 75 per cent and above marks and above in the test, in their knowledge application (theory plus practical of Rules and Regulation as listed in Indoor, Outdoor & Beach workouts announced by TWFI as National Judges .
- **Grade B Judges** : Those persons who achieved 60 per cent and above marks and above in the test, in their knowledge application (theory plus practical of Rules and Regulation as listed in Indoor, Outdoor & Beach workouts announced by TWFI as State level Judges .
- **Grade C Judges** : Those persons who achieved 50 per cent and above Marks and above in the test, in their knowledge application (theory plus practical of Rules and Regulation as listed in Indoor, Outdoor & Beach workouts announced by TWFI as State level Judges .

- **Grade D Referee:** Those persons who achieved 45 per cent and Above marks and above in the test, in their Knowledge application (theory plus practical of Rules and Regulation as listed in Indoor, Outdoor & Beach workouts announced by TWFI as District Referee .
- **Grade E Referee/ Technical official /Recorder/Time keeper :**
Those persons who achieved 40 per cent and above marks and above in the test, in their knowledge application (theory plus practical of Rules and Regulation as listed in Indoor, Outdoor & Beach workouts announced by TWFI as District level Referee, Technical Officials ,Recorder & Time Keeper.

GENERAL RULES FOR ADMINISTRATION

- 34.1. Medical Report:** All team players will submit medical fitness report regarding him/her player is fit for Tug of War game. (TWFI prescribes a performa as Annexure attached) by MBBS medical registered officer.
- 34.2. Medals:** TWFI or its affiliated State/District units will issue medals to teams securing the 1st, 2nd and 3rd positions in the finals in each weight class in each National /State/District Championships.
- 34.3. Certificates :**
- (i) **Merit & Participation Certificates:** Merit Certificate will be issued to members of teams securing the 1st, 2nd and 3rd positions in the finals in each weight class in each National /State /District Championships and participation certificate will be issued to all members of the teams which participated and after three months of the event.
- 34.3 (ii) Genuine certificate :**
1. In genuine Certificate, carries the player's scanned photo with the official seal of the Association/Federation.
 2. There are two ink Signatures of President & Secretary of the issuing authority of State Association/Federation.

3. There shall be Printed Registration Number & Certificate Number.
4. Any overwriting on the certificate is illegal.
5. The reverse side will carry a verification area of certificate with Signature of President or Secretary/Sports officer of the player Representing District/State Association/Department.
6. The Player/Coach/Manager has submitted the date of birth at the time of registration of the tournament. If the submitted date to birth is INCORRECT as now claimed, then the issued certificate is invalid and the case will be treated under the age fraud in sports.

34.3 a) Certificate for Coaching Camp :

i. Certificate of All India / National Coaching Camp: The participation Certificate of an All India or National Coaching Camp conducted by TWFI or its affiliated unit, is equivalent to a National level event.

ii. Certificate of State Coaching Camp : The participation Certificate of a State Coaching Camp conducted by TWFI or its affiliated unit is equivalent to a State level event.

34.3 b) Certificate shall not be Issued on the following grounds:-

1. Certificate not to be issued to poor performances of teams : The Merit certificate or Position to the team can only be given according to the performance of the respective team. TWFI or its affiliated units reserve the right to not issue the first or second and third position or merit certificates to players due to their poor performances of the teams.

2. Certificate for less than 4 state teams participation : If there are less than 4 teams which participated in any one weight class The TWFI or its affiliated units have the right to move the teams to the upper weight class or in Catch weight or competition allowed as per rule 29.a. and participation certificate issued to all teams in the particular weight class.

3. Duplicate copy of Certificate : TWFI or its affiliated units reserve the right to not issue the duplicate copy of merit /participation certificate in any manner or missing /loss/ damage of the original certificate by player.

4. Certificate for Joint Winner Teams : Where the Chief Judge declares the result of the final match as Joint Winner. The TWFI will not give the any type of medal to the teams of Joint Winners . The TWFI will give one winner's trophy of winner to both teams and merit certificates will be issued to both teams as Joint Winner.

Note: Joint winner is not a position holder. The Joint winner means that both the teams compromised with their status of being Joint Winners.

5. Certificate for Extra Player : The extra player in a Tug of War team is a replacement player with a lower weight player to tide over an emergency. He or she is equal to the team member in the list. He will have to be referred to as an extra player in the certificate. He will not be declared an excellent player also unless he/she has ACTUALLY pulled the rope/played in any bouts in fixtures of league cum knock-out in National/State level tournaments in the current Calendar year.

34.3.c). Verification / Meritorious Certificate :

34.3.c) (i.) Certificate to Meritorious Sportspersons for Employment: The TWFI or its affiliated units will issue the Certificate to meritorious sports person for employment in Form No 1, Form No 2 or Form No. 3 as prescribed by the government and will be issued only to a player who has been found fit under the definition of outstanding achievement as per rule 34.3 (v)a or rule 34.3 (v)b or rule 34.3 (v)c.

34.3.c) (ii) Time limit for verification : The Verification of merit/participation certificate shall be processed within a period of five years from the date of Event when issued for Senior category and eight years for Junior and Sub Junior categories, and referred to the TWFI or its affiliated unit for verification.

34.3.c) (iii) Verification of certificate :

34.3.c)(iii) a) Admission in Education Institution : Verification of certificate for genuineness/authenticity for admission under sports quota as per rules of School /College/University, shall be processed within a period of eight years from the date of event as declared in the issued certificate.

34.3.C)(iii) (b) Appointment to Group “B”/“C”/ “D” post or any other

post : Verification of certificate for genuineness /authenticity regarding the benefit claim by participating sportspersons under any benefit scheme of meritorious sportspersons for appointment to Group “B”/“C”/“D” post or any other post under the rules of State Government/Central Government will be accepted for verification within the prescribed time limit by TWFI or its affiliated unit unless the applicant-player has participated without break in regular three years with three events under National championships, participated without break in regular three years with three State Championships with outstanding sports achievements at State/National/ International levels.

34.3 c)(iii) (c) Extra or Reserve Player : In case of an extra/reserve player claiming a Verification of certificate as per Rule No 34.3 (iii) b, it will be issued only if he/she has been a regular player of the game earlier, and played at least three separate fixtures of league cum knock-out games.

34.3 c)(iii) (d) Definition of regular Sportsperson: Sportsperson Who has regularly participated in TWFI District and State or National Tug of War Championships or attended in State or National/All India Level Tug of War Coaching Camps for a minimum period of three years.

34.3 c)(iii) (e) Definition of National/State Event : Any National Tug of war Championships or All India/National Tug of War Coaching Camps organized by Tug of War Federation of India is a National Event and State Tug of War Championships/State Tug of War Coaching Camp organized by affiliated State Unit/Association of Tug of War Federation of India, is a State level Event.

34.3 c)(iii) (f) Mandatory written examination for Meritorious Sportsperson: Mandatory written examination for Meritorious Certificate for getting a sports meritorious certificate or verification of certificates AFTER June 2013, the sportsperson has to pass now a mandatory written examination for Tug of War game rules and regulations, with at least 50 percent pass marks

and held periodically by the Federation for batches of applicants. This is to justify that the player is familiar with the rules of the game and can also hold instructional class on the basis of his alleged good knowledge of the game.

34.3 c)(iv) Rejection for verification for job: TWFI/State Association reserves the right to reject any request for verification of any issued documents due to the following reasons :-

1. He/she did not apply within the prescribed time limit
2. He/she is not a regular sportsperson
3. He/she did not participate regularly in State Championships or District Championships
4. He /she had poor performance and not covered under the meaning of 'outstanding' sports achievements.
5. Allegations of tempering with the issued certificate or damage due to affect of water, fire or damage by white ants or mould.
6. If He/She is declared a blacklisted player after due process, under any act of indiscipline by TWFI.

34.3.c)(v) Objective to reject verification : The aims of Government scheme to offer appointment to Group "B" "C"/"D" posts or any post under the rules of State Government/Central Government for development of sportsmanship is to reward outstanding Sports Achievements at national & International levels. The aims of TWFI for recommending and verifying genuineness of sports-persons who qualify to be outstanding Sports achievers at national & international level is to endorse those who actually deserve. Other cases who do not deserve verification by TWFI will be rejected.

34.3.c)(vi) Relief to Player performed in sports events prior to Jan. 2014: TWFI rules as per circular Ref No. TWFI/1999/office Memo dated 3rd August, 1999 will be applicable for issuing sports meritorious certificate by the Tug of War Federation of India or his affiliated State Association to any player who has continuously participated without break in regular events for the period of two

year in State or National Events including on merit certificate of State or National Championships with rank of 1st, 2nd, or 3rd position, is eligible for meritorious Certificate under the Govt. prescribed proforma No. 1,2,or 3. That is, there is a proven record of continuous sport participation. This action shall be the norm for all cases prior to the enforcement of Code of 2013. Where the applicant for a certificate is found to have performed in sports events prior to 03-01-2014 and his request for meritorious certificate for a job is received much after the commencement of the Code. In such a case person shall also receive the benefit as per TWFI circular Ref No. TWFI/1999/office Memo dated 3rd August, 1999. The TWFI or his affiliated Unit will verify his record.

3.c)vii)CAUTIONARY NOTE

ON APPOINTMENTS OF MERITORIOUS SPORTSPERSONS.

- a) The very first line/heading of the G.R of Govt. of Maharashtra dated 30th April, 2005 reads as “ Regarding reservation in jobs for exceptionally talented sportspersons in government, semi-government and other sectors”. It very clearly states that these reservations of jobs in government and semi government sectors, are only for exceptionally talented sportspersons. There are lakhs of sportspersons in this state who are playing their respective games for years, some are average players, some are good players, some are very good but only a few are exceptionally talented sportspersons. The exceptional talent cannot be seen or judged from one or two championships/competitions of 1-2 days each in a year. The players who get to play one or two championships/competitions in their whole life time can be better called as seasonal players and not as Exceptionally Talented Sportspersons.
- b) The exceptional talent of a sportsperson cannot be made out from one single bronze medal by playing only one single state championship in his/her whole life. If there was some exceptional talent then there would have been more medals and many more participation at championships, events, coaching camps and

competitions of different levels. The exceptional talent of a sportsperson can be judged or made out only after, completion of at least three years of continuous participation at various championships/events/competitions with some merit.

- c) The introduction part of the G.R of Govt. of Maharashtra dated 30th April,2005 contains clause (3), para(1) which again clearly states that“the government has decided to reserve jobs for the exceptionally talented sportspersons in government sector”. Whereas, the meaning of exceptionally talented sportspersons have been very clearly stated/explained above. If such precious jobs will be given to the average and better called seasonal players, then the main objective for which this scheme of government jobs was initiated for the sports persons will not be achieved and it will serve as a grave injustice to the much deserving and exceptionally talented sportspersons who have invested their precious time, hard work and efforts to earn their medals, achievements and rewards.
- d) After the list of games in the G.R of Govt. of Maharashtra dated 30th April,2005, it very clearly states that, the office bearers have to attest the Certificate of Performance of sportspersons, in case of national competitions, The Secretary of the National Federation or The Secretary of the State Association will/can attest the certificate of performance. That, the performance certificate here means a kind of report/certificate of the overall lifetime performance and achievements of the sportsperson and not just a certificate of merit or participation of a single Championship/Competition/Event. If such is the case then a merit/participation Certificate has already been issued by the competent authority and there is no need of a separate certificate giving the performance of that sportsperson. The certificate of performance will include the overall growth, competence, eligibility and achievements of that sportsperson in his/her lifetime or his tenure as a sportsperson as the performance of a sportsperson cannot be judged or made out from a single merit/medal in a particular championship/competition/event.

- e) Clause (1) of the G.R dated 30th Dec, 2013 states in a very clear manner that the jobs are reserved for those sportspersons who have exhibited special performances and thus not for those who have played a sport only for 3-4 days s/her life time. but, for those who have performed exceptionally well consecutively for at least three years and proved their talent to be special and exceptional.
- f) Due to increasing unemployment in the state of Maharashtra, the youth is moving towards the reservations made for the talented sportsperson, i.e., the sports quota for jobs in the government sector. The professional, hardworking and talented sports persons are engaged in playing and mastering their skills throughout their golden fitness period, but when due to age or other factors they turn up to the government to avail much deserving reservations under sports quotas, these meritorious and extraordinary sportspersons are denied of their rights and their jobs, because such unprofessional, seasonal sportsperson having no sports background takes advantage of the wrong interpretations of the G.R's of state and central government , which is done by the government officers and bureaucrats due to their financial affluence and political tie ups or the reasons better known to them.

34.3.c) (viii) Definition of outstanding Sports achievement by Hon'ble High Court.

The expression "outstanding sportsmen" would mean sportsmen, who, while representing their country, state or force exhibit such performance, which surpasses the normal, physical, mental and psychological limits.

..... An "outstanding sportsman" would, Therefore, be one who is able to surmount physical, psychological and mental barriers and gives a performance, which is exceptional and reflective of his devotion to duty.

(Reference of above definition under para 17 of MANU/DE /9603 /2006 Equivalent Citation: IN THE HIGH COURT OF DELHI WP(C) No. 11279/2004 Decided On: 01.11.2006Appellants: Assistant Sub-Inspector (Ex.) Rajender Parsad Vs. Respondent: Union of India

(UOI) and Ors. By Hon'ble Judges/Coram: Manmohan Sarin and Vipin Sanghi, JJ. and Counsels: For Appellant/Petitioner/plaintiff: Shyam Babu, Adv For Respondents/Defendant: V.K. Tandon, Adv.)

34.3c) ix) **Definition of outstanding tug of war sport achievement:**

Tug of War game is a team game. Any outstanding achievement / performance depends upon teams performance. The outstanding achievement of a team is determined on the following grounds :

- a) **Longest pulls recorded** : If a team plays for the longest (i.e. time duration of pulls) recorded pull during its final match without any infringements and wins the 1st, 2nd or 3rd position in National or State event shall be considered as an outstanding achievement.

OR

- b) **Lightest team wins against a heavier team** : If the lightest team (team weight minimum as per registered weight of team) wins against a heavier team without any infringements and wins the 1st, 2nd or 3rd position in National or State event, shall be considered as an outstanding achievement. For this criterion the certified weight on the weighing sheet will be used for verification.

OR

- c) **Excellent performance continuously for three years at National/State level** : When a player is a member of a team which has participated in National/ State Championships and gave excellent performance with the 1st, 2nd or 3rd position Continuously for three years, then the player shall be considered for as an outstanding sports achievement, provided the winning team has also participated in one group of league matches containing not less than 6 teams and reach the knock out stage and reached successfully at least the semi-final stage, to record a rank of third, second or first position.

34.3.C) (x) **Exemption for women :**

The TWFI has decided to give relief to women. In case of women

verification/Meritorious certificate for Job only, two years continuously excellent performance in national/state event remarkable is valid for out standing achievement for verification/Meritorious certificate for job as per rule of 34.3 C (ix) a,b & c.

34.4. Restriction for player : Each player will be allowed to play only under one weight class and one category except in 4+4 Mixed weight Class in the particular category.

34.4(a) Acts of misbehaviour / indiscipline indulged in by players: TWFI takes a serious view of the continuous acts of misbehavior/indiscipline indulged in by players reported from the competition ground and aimed against official judges/recorder officials/referees during the event. In future the Federation will hold immediate investigation of the incident, issue show cause notices to all who indulge in misconducts, and even in case of mere justifiable suspicion, deny certificates of all nature sought from the Federation for a period from three years to ten years from the date of incident.

34.4(b) Blacklisted : In serious cases of misconducts, the offending sportsperson/player/official shall be 'BLACKLISTED' from all competition within india for a period between three years to ten years. In case of being blacklisted, a single appeal to the Federation by the affected per shall lie.

In a case, where a person has come to adverse notice for any reason of indiscipline, and he/she applies for verification of any document or certificate or meritorious sportspersons for employments/education institution, issued prior to the act of indiscipline, the TWFI or its affiliated State Unit/Association will NOT verify any such document or issue any certificate being of meritorious sportspersons for employments/education institution etc. Hide original message 'Indiscipline' will include any act which is

considered un-sportsman-like and contrary to a conduct which does not make for a good gentleman or attract the provisions of Civil, Criminal, or Tort laws in the Country.

34.4 c) Power of decisions : All decisions on acts of reported misconducts and their punishments shall be decided by the Executive Committee of the TWFI in their next ordinary meeting held, or in any special meeting called to decide on the same issues.

34.5 Protest Rule of TWFI :

In the TWFI events, if any one wants to protest/appeal against the decision of the Judge/Referee such an appeal should be submitted in writing on technical grounds, if any, by the coach of the participating team at the end of the match within 10 minutes of the close of the match. A fee of Rs.2000/- (Two thousand rupees) in cash will need to be deposited with the appeal to the Director Tournament or Secretary Genl.TWFI. The Jury of Appeal will dispose off the protest within two hours of the match. The protest fee shall be refunded in case the appeal is upheld.

(i) Protest not considered on following grounds:

- a) The TWFI will not allow any person player and coach for filing a protest against the decision of the Chief Judge, and regarding the re-check of weight of team. The Chief Judge's decision shall be final at all times.
- b) The TWFI will not allow for filing of protest by Coach/Manger/Trainer if he/she is named in the list of TWFI qualified Referee/Judges or he/she is a President/Secretary or Treasurer of State or District Tug of War Association.

Note: Any persons filing protest if rules 34.5 (I) (a) and 34.5 (i) (b) is applicable in any case, the Protest fee of Rs.2000/- is forfeited without any discussion in Jury of Appeal.

34.6. Appeal against Restriction for Junior/Sub-Junior Player for participation in Senior categories :

The TWFI will take the following action against any violator of the rules:

- i) The Result/Prize/Certificate will not be issued at the time of Tournament.
- ii) After the tournament the Secretary Gen. of TWFI will check all records of the files. In case found guilty, the violators of the full team (all 9 members) will be disqualified for the tournament. The State association is responsible for implementing the above rules. There shall be no concessions/relaxation in the above rule.

34.7 WEATHER

The weather must not present any danger of injury to the players.

Time of matches

For official Beach National competitions will be played during the daylight in beach area. The tournament Director shall decide if any of the above weather conditions present or there is any danger of injury to the players at Start or duration of the match.

34.8 Lighting in Arena for Night Tournaments.

For official national competitions played during the night, the lighting on the playing area should be 1,000 to 1,500 lux measured at 1 m above the playing surface for TWFI Competitions, the technical supervisor, the TWFI referee delegate, and the Tournament Director shall approve if the lighting system is sufficient for conducting the tournament at night.

34.9 CONDITIONS WHEN MEDALS OR ISSUED TROPHIES CAN BE WITHDRAWN:

A team or individual athlete can be withdrawn from any official sport event when the team or individual player is found in violation of the following TWFI rules.

- **Under any Anti Doping Rules.**
- **Found committing any type of indiscipline.**

TWFI governing body has full power to take its decision for withdrawing any award or announced Medal to any individual winner team on the following grounds :-

- i). **Anti Doping Rules** : when any athlete is in violation of Anti Doping Rules and he / she use banned substance which results in any positive drug testing report for dope.

Process for withdrawal: On receiving any positive drug testing report, the TWFI will issue a Show cause Notice to the suspect offender and seek a reply within 10 days of issue of notice why the medal or trophy issued or announced be not withdrawn and the achievement struck off the record books of the Federation. On receiving a reply the TWFI will hold an internal inquiry to verify the disclosures made in the reply received, and then take a decision, either accept the reply or issue any warning or order for withdrawal of the medal or trophy.

The information of action taken will be announced publically and also sent to the affected parties.

- ii). **Indiscipline:** When any sportsperson / team is involved in any type of indiscipline after any final match or during the final match or after Closing/Medal ceremony; After receiving a complaint report, the TWFI shall issue a show case notice, seeking a written explanation for the alleged charges, within a period of not more than 10 days from the date of notification or as decided by the issuing authority. If no explanation, or no adequate explanation against the alleged charges, is received in such time from the concerned individual or the team association, the concerned team or person shall be suspended by the Competition Committee and pass any order for the return of medals or trophy by the winning team /individual player.

34.10 National /State Record of Pull

Where a team which plays for the longest pull during any State or National Event organised by TWFI or its affiliated State Units, records a duration of the longest pull, it is be considered as a National or State Record for the Tug of War game under Sub Junior, Junior & Senior categories for men & women.

- 34.11 UPGRADATION OF TEAM** : Any team which is disqualified under any rule of disqualification after the league's final placing,

the Tournament Director or Chief Judge has the power to upgrade team's placing for its entry in a semi-final match provided the concerned player/team is able to prove that it does not merit disqualification .

a) Upgradation shall not be permitted: Any team which is disqualified under any rule of disqualification after or during the semi-final match or final match, upgradation shall not be permitted under any conditions.

35. TWFI JURY OF APPEAL

(i) Power and responsibility of the jury member of jury will use all power of the Chief Judge under the rule 24 if he/she is present during the match in the arena

The following persons will be the member of Jury:

Designation in Jury Committee Nominated Persons:

- (i) Chairman: President, TWFI or Former President, TWFI
- (ii) Convenor: Secretary Gen., TWFI or Former Secretary Gen., TWFI
- (iii) Member : Director of Tournament (nominated by Secretary Gen., TWFI from time to time)
- (iv) Member : TWFI Judge/Referee (nominated by Secretary Gen., TWFI from time to time)
- (v) Member : TWFI Judge/Referee (nominated by Secretary Gen., TWFI from time to time)

Note: Any two members and Chairman and or Convenor will be the Jury for considering any protest/appeal in the above mentioned matters.

36. INVITATION TO PARTICIPATE IN NATIONAL CHAMPIONSHIP.

TWFI is free to directly invite any team for participation in National Championships from State / Association / TWFI Clubs / District Tug of War Association / State Government Sports & Youth Services Department / Public Undertaking/Corporation, Sports Control Board / Universities.

36.1. Participation from the Public Sector Undertaking (PSUs), Govt. Sports Board/Universities

Teams of Public Sector Undertaking(PSUs) Sports Board/Universityies/Govt.Department will be allowed to play in the event on the basis of no cost to the TWFI.

Sportspersons and officials from the Public Sector Undertaking (PSUs), Sports Board / Universities / Govt. departments who participate in National Championships and other national or international game engagements within the country, will henceforth NOT be extended facilities of free board and lodging and rail travel concessions of 75 percent of fare. They are now advised to join the sports venue after making their own plans for local stay, food and mode of travel from their headquarters to the point of disembarkation where the event is taking place. They will claim expenses they are entitled, to as per departmental rules in their respective offices. TWFI will issue certificates related to their presence in the game and participation.

- 37. MEANING OF AFFILIATION OR MEMBERSHIP OF THE TWFI**
The participation of any team from any organization under above mentioned list of Rule 36 does not mean the participant is a member of TWFI or his organization is affiliated with TWFI.
- 38. TEAMS REPRESENTATION & PARTICIPATION OF OFFICIALS**
- 38. a) Disqualification for Officials/Office Bearers of TWFI/State Association :**
There is no disqualification of participation as player in Senior or Open Categories event in State/National including at the international level if he/she is an official or office bears of TWFI or any State/District Association.
- 38. b) Tug of War National/State/District team representations :**
There is no disqualification for a District/Club level team (having same members in the team) to represent the State or country in any publically held Championships including at the international level.

Explanation/Reason: 'Tug of War' is a team sport. It is totally different in concept, for its teams must have commonality of prolonged training, intent and residence. The team represents a unit, and to achieve results the team members need to be drawn from a proximity and not wide pool of population. Team members need to work in long exercises for coordination over a length of time together and add physical exercises for fitness, stamina, rhythm and weight training. Therefore a game team will essentially be drawn from a close-knit urban community or a rural village population. In this game, the best team under controlled condition wins and individuals do not 'Shine'

39. REGISTRATION/PHOTO OF PLAYER CHECKS

- a) **Checking the registration form/photo :** It will be mandatory to check the registration form/photo of players of teams at pre-pull the matches and the competitors footwear must be inspected (if necessary) by the technical official before the start of a competition.
- b) **Registration form/photo Checking not permitted :** The TWFI will not allow any Coach/Manager of any team to check/inspect registration form/photo of any player of any team or his/her Certificate. In case of any doubt by any or team Coach /Manager against any team the TWFI will consider only protests received in writing for check/inspection of the above record for any particulars mentioned team of protest is submitted in writing with a fee of Rs.2,000/- deposited with the Secretary General or Director Tournament. The TWFI will allow only one person Coach or Manager to check/inspect the above record. The protest fee of Rs.2000/- shall be forfeited if protest is found false. In case the protest is genuine, the protest fee shall be refunded.

39.1 Photographs Specification (See page no 90)

Photographs of Player, Coach & Manager allowed under the following specifications :-

Two new passport sized photographs (size 35-40mm in width, no copy or scanned photograph).

One photograph should be pasted on the form and the other photo to be given along with the entry form. Stapled or pinned photographs would not be accepted.

The photo should also not be more than 6-months old and the face be close-up 80% of the photograph in sharp focus and clear in high quality with no ink mark or creases shown looking directly at the camera. The photo should show natural skin tones, have appropriate brightness and contrast printed on high-quality paper and at high resolution be colour-neutral. Photo should show eyes open and clearly visible; no hair across eyes nor looking over one shoulder (portrait style) or tilted, and show both edges of face clearly taken with a plain light-coloured background which is in contrast with the clothes, taken with uniform lighting and should not show shadows or flash reflections on face and no red eyes

If the Sports person wears glasses:

The photograph must show eyes clearly with no flash reflection off the glasses, and no tinted lenses (if possible; avoid heavy frames and wear lighter framed glasses). The frames should not cover any part of the eyes. Head coverings are not permitted except for religious reasons, but facial features from bottom of chin to top of forehead and both edges of face must be clearly shown. Photograph must show sports person only, looking at the camera with a neutral expression and with closed mouth.

40. RESTRICTION OF PULLER/PLAYER/ATHLETE :

It shall be a condition that no player is allowed to compete in any other state/District team without transfer procedure.

41. TRANSFER OF PULLERS/ATHLETE

The following procedure must be observed in the transfer of pullers/athletes. If a puller wishes to transfer from one State or District or Club to another, a letter from the Secretary of the State /District / Club Association stating he or she is leaving from our State/District / Club along with another letter from the other Honorary Secretary of the State/District / Club Tug of War Association stating he or she wishes to join the State/District / Club association and that the transfer is amicable etc. be submitted to TWFI or its concerned affiliated unit in case of transfer for one state to another & district to another respectively. The application is then placed before the Executive committee of TWFI or its affiliated unit as per jurisdictions of transfer case for their consideration.

42. SPONSORS' LOGO

Sponsorship will be permitted. A team may display the name of its sponsor, in keeping with the requirements of Rules 45. However where such sponsorship is displayed, the name of the Club/State team must also be clearly displayed.

43. DEVELOPMENT OF NEW TEAMS

A new team is defined as a team consisting mainly or wholly of inexperienced pullers. The judgment of this and the relaxation of the rules to those given below will always be at the discretion of the Chief Judge.

- i) New team may be allowed without kit/or any type of sports shoes.
- ii) New team may be allowed relaxation under the following condition.
 - a) if no extra/reserve player as registered in the team.
 - b) if a team (8 players) is over weight then allow 7 player.

44. Violation of Rules of Anti-Doping

Action against the Team/Athlete/Sports Association for involvement in doping incidents shall be taken TWFI /TWIF Anti –Doping Rules and WADA/NADA rules are applicable.

I. Cost of doping testing kit:

The Government of India has approved the estimated cost of the anti-doping testing kit presently at Rs 1400/-per container and the actual cost has to be borne by the athlete.

II. Advance deposit penalty as Security :

The athlete has to deposit an amount of penalty in advance of Rs 2000/- as security with the TWFI towards the anti-doping test through bank draft in favour of Tug-of-War Federation of India, payable at New Delhi.

III. Security forfeited :

If an athlete is found guilty in the test he/she will be black listed from the National, State, as well as district teams for a period of three years and the security amount will be forfeited, as penalty.

IV. Security Refund:

If in the test, the athlete's sample is tested as negative then the security will be refunded to the athlete.

44.1. Government of India guidelines for dope testing procedures

It is the endeavor of all concerned with sports to create a clean and healthy environment for sports in India and to take all measures in conjunction with the various sports bodies and other stakeholders to uphold the highest values of fair play and honesty which are the very essence and ethos of sports. To achieve this, it is important that all efforts be made to prevent Indian athletes and supporting personnel from using illegal and artificial performance enhancing drugs and at the same time to promote a healthy lifestyle among our athletes. While it is necessary that athletes are tested periodically both 'in competition' and 'out of competitions' for dope in accordance with internationally accepted norms, it is also necessary that the athletes should be given the due respect and regard while the test are being done on them and that the procedure adopted for testing should be fully transparent and unbiased. The athletes should also be given ample opportunity to present his/her version before any action affecting their careers is taken. For athletes who spend most of their productive years in pursuit of excellence in their sport, it can come as a great setback and mental shock if they are accused of/ or imposed with sanctions on the basis of ad-hoc or arbitrary procedures and inaccurate results. While there should be no leniency towards athletes for whom the use of illegal substance or methods has been established, it is absolutely necessary that according to the Rule in force the procedures must be are fully and meticulously followed. With a view to ensuring the above, the following instructions are being issued with immediate effect.

Sample Collection of Athletes:

1. A Doping Control Officer (DCO) or Chaperone will notify the athletes of selection for doping control. The DCO or Chaperone

will inform the athletes his/her rights and responsibilities, including the right to have a representative present throughout the entire process. Athletes will be asked to sign a form confirming that they have been notified for doping control. For a minor or athletes with a disability, a third party may be notified as well.

2. The athletes should report to the doping control station as soon as possible. The DCO may allow him to delay reporting to the station for activities such as a press conference or the completion of a training session; however the athletes will be accompanied by a DCO or Chaperone from the time of notification until the completion of the sample collection process.
3. Athletes will be given a choice of individually sealed collection vessels and the athletes may select one. Athletes should verify that the equipment is intact and has not been tampered with. The athlete should maintain control of the collection vessel at all times.
4. The athlete and a DCO of the same gender will be permitted in the washroom during the sample provision. Minors and athletes with a disability may also have their representative. The objective is to ensure that the DCO is observing the sample provision correctly.
5. The DCO shall use the relevant laboratory specification to verify, in full view of the athlete, that the volume of the urine sample satisfies requirement for analysis.
6. After verifying that the equipment is intact and has not been tampered with the athlete will open the kit and confirm that the sample code number on the bottles, the lids, and the container all match.
7. The athletes will divide the sample, pouring the urine himself/herself, unless assistance is required due to disability. Pour the required volume of urine into the 'B' bottle and pour the remaining urine into 'A' bottle. The athlete will be asked to leave a small amount in the collection vessel so that the DCO can measure the specific gravity and/or pH.

8. The athlete should seal the 'A' and 'B' bottles. The athlete's representative and the DCO should verify that the bottles are sealed properly.
9. If the sample does not meet the specific gravity or pH requirements, athletes may be asked to provide additional samples.
10. The athlete should provide information on the doping control form about any prescription or non-prescription medication or supplement they have taken recently. Athletes also have the right to note comments on the form regarding the conduct of the doping control session. The athlete should confirm that all the information is correct, including the sample code number. The athlete should receive a copy of the doping control form. The laboratory copy of the form does not contain any information that could identify athlete.

Analysis of Samples:

1. Samples are packed for transportation to the testing laboratory to ensure that the security is tracked. The testing laboratory will adhere to the international standard for laboratories when processing sample ensuring that the claim of custody is maintained at all times.
2. 'A' samples will be analyzed and the 'B' samples will be securely stored and may be used to confirm an adverse Analytical Finding from the 'A' sample.
3. The laboratory will complete the analysis of the sample in the time stipulated under the international standard for laboratory. In case at any point of time there are a very large number of samples to be analyzed and the laboratory is not in a position to complete the analysis within the stipulated time then the samples should be sent to some other laboratory so that the analysis result is available within the stipulated time.
4. The report of the laboratory will be sent to the SAI within 24 hours after the analysis is completed.
5. The Sports Authority of India (SAI) will, after the procedure for

decoding etc. ensure that the results 'negative' or 'positive' or "where further investigations are required" in respect of athlete are communicated to the concerned National Federation within 48 hours of receipt of report from the laboratory. The National Sports Federation, after receipt of the report from SAI will ensure that the concerned athlete is communicated in writing the result within 48 hours of receipt of the report by the federation from SAI.

6. In case of Adverse Analytical Finding the National Federation will, as per the Rules also notify the athlete inter-alia the Anti-doping rule asserted to be violated or whether further investigation is necessary and a description of additional investigation, the athlete's right to promptly request the analysis of the 'B' sample, the right of the athlete or the athletes representative to attend the 'B' sample opening and analysis.
7. Once the athlete has received the notification and before the National Sports Federation imposes a provisional suspension the athlete must be given a provisional hearing prior to the imposition of the provisional suspension or a provisional hearing as soon as possible within 10 days after the imposition of the provisional suspension.
8. In case where a provisional suspension has been imposed and thereafter the Federation determines (as per the Rules governing this process) that following the submission by the athlete there has been no anti-doping rule violation then the provisional suspension shall be rescinded immediately.
9. The rule in respect of Adverse Analytical Finding for the sanctions to be imposed would be followed in case where Adverse Analytical Finding are fully confirmed.

It is also clarified that till the time the Anti-doping Rules of National Anti-Doping Agency (NADA) comes into force and the NADA becomes fully operational, the SAI will continue the work of collection of samples and initial processing for submission to the laboratory and thereafter the process related to decoding of

result and sending them to the National Federations. The result Management and the imposition of sanctions etc. will continue to be done by the National Sports Federations as per their Rules and the rules of the International Federation which are in compliance with the WADA Code.

It is once again emphasized that in this entire process the athlete must be treated with utmost dignity by all the agencies concerned respecting the athletes right to know the results of his/her test and giving him/her full opportunities to present his/her version before any provisional or final sanction is imposed.

It is hereby reiterated that SAI, being the sports Authority of India, Shall be fully responsible for the overall welfare of the athlete and fulfillment of his rights without undue unacceptable delays and shall be answerable in case of violation of the same.

All the stakeholders are directed to follow the procedures and process detailed above meticulously. Also wide publicity of the above may be given to the sportspersons. coaches, athletes, support personnel and others concerned.

The government will continue to focus on this issue and its proper resolutions for all stakeholder and, if necessary, will revise the above instructions to further improve the systems as and when felt necessary.

45. GENERAL RULES FOR BEACH TUG OF WAR

1. Beach National Competitions teams must wear uniforms of the same color and style according to tournament regulations.

- i. Player's uniforms must be clean colorful.
- ii. Players must play barefoot except when authorized by the Judges/Referees.
- iii. Player's jerseys (or shorts if players are allowed to play without shirt)

2. CHANGES OF SPORTS DRESS IN BEACH TOURNAMENT.

If requested by a team, the Judges/ Referee may authorize him/her to play with undershirts and training shorts or track suit.

3. RIGHTS AND RESPONSIBILITIES OF THE PARTICIPANTS

- i. Participants must know the Official TWFJ Competition Code-2013 Rules and abide by them.
- ii. Participants must accept Judges/Referees decisions without disputing them. In case of doubt, clarification may be requested under rule 34.5
- iii. Participants must play in the spirit of FAIR PLAY, not only towards the Judges/Referees, but also towards other officials, their teammate, the opponents, and spectators.
- iv. Participants must refrain from actions or attitudes aimed at influencing the decisions of the Judges/Referees or covering up faults committed by their team.
- v. Participants must refrain from actions aimed at delaying the game.
- vi. Communication between team members during the match is permitted.
- vii. CAPTAIN Prior to the match. The team captain will represent his/her team in the toss of coin.

4. PLAYING SURFACE

- i. The terrain must be composed of leveled sand, as flat and uniform as possible, free of rocks, shells and any solid matter, which can have risks of cuts or injuries to the players.
- ii. For Beach National Competitions the sand must be at least 40 cm deep and composed of fine loosely compacted grains.
- iii. The playing surface must not present any danger of injury to the players.
- iv. For Beach National Competitions the sand should also be shifted to an acceptable size not too coarse, free of stones and dangerous particles. It should not be too fine to cause dust also it should not stick to the skin.
- v. For Beach National Competitions a tarpaulins sheet should cover

the central court in case of heavy rain.

46. RULES FOR ADVERTISEMENT NATIONAL/STATE/CLUB TEAMS (See page no 78)

I. Conditions for advertisement

A National/State/Club team may wear advertisements on the competition dress during TWFI National Championships under the conditions as mentioned in these rules. A team consists of 9 pullers including one extra reserve puller, its coach or trainer and its Manger.

- * **The use of company and product names is allowed as well as brand names and product groups as long as they do not offend good taste.**
- * **Advertising must not be of a political, religious or ideological nature**
- * **Product advertising for alcohol, tobacco and drugs is not allowed.**
- * **The use of fluorescent paints is not permitted. This rule applies not only to advertising but also to the material from which the competition dress is made.**
- * **The competition dress has to comply with the rules of the TWFI.**
- * **Advertising on other articles belonging to the competition dress (e.g. shoes, socks, etc.) is not permitted.**

II. Dimensions of advertisement areas

The maximum dimensions of- and total areas for advertisements on competition dress of a puller is either:

- * **A letter height of 10 cm when used in the advertisers name or;**
- * **An area of 300 cm or sq, when used as one advertisement area or;**
- * **A total area of 150 cm or sq, when used on maximum three advertisement areas of which two may be of the**

same advertiser.

- * The maximum dimensions of and total areas for advertisements on competition dress of a coach is;
- * A total area of 75 cm or sq, on the dress of a coach, who is wearing an identification number with an advertisement area of maximum 75 cm or sq.

III. Identification numbers

The organizer of the Championship is allowed to use the identification numbers at TWFI events for advertisements. These numbers have to be worn by the coach of the team. The advertisement on the numbers is only permitted for one company or brand name and may not exceed the height of 5 cm and aum area of 75 cm. The numbers may not be cut, folded or altered.

IV. Non liability

The TWFI is neither responsible nor liable for any disputes which should arise from advertising contracts between a TWIF member federation and the advertising companies or sponsors.

V. Penalty on non-compliance.

Non-compliance of these regulations will be dealt with by the TWFI Executive Committee and such an act can be penalized with a fine or a ban on advertising

47. INDIAN TUG OF WAR COMPETITION CODE-2013:-

- a) The TWFI General Body in its annual meeting held during 2012-13, approved the laws of the game under the title of "Indian Tug of War Competition Code-2013" making these applicable to all tug of war athletes and all affiliated units of TWFI. The State and District/Club level association/ concerned Sports Control Board are bound to honour and seek guidance from the approved Competition Code-2013
- b) The TWFI Special General Body was held on 27th Nov.2015 at Golaghat, Assam approved all amended in the "Indian Tug of War Competition Code-2013" for applicable to all tug of war

athletes and all affiliated units of TWFI. The State and District/Club level association/ concerned Sports Control Board are bound to honour and seek guidance from the approved amended Indian Tug of War Competition Code-2013 .

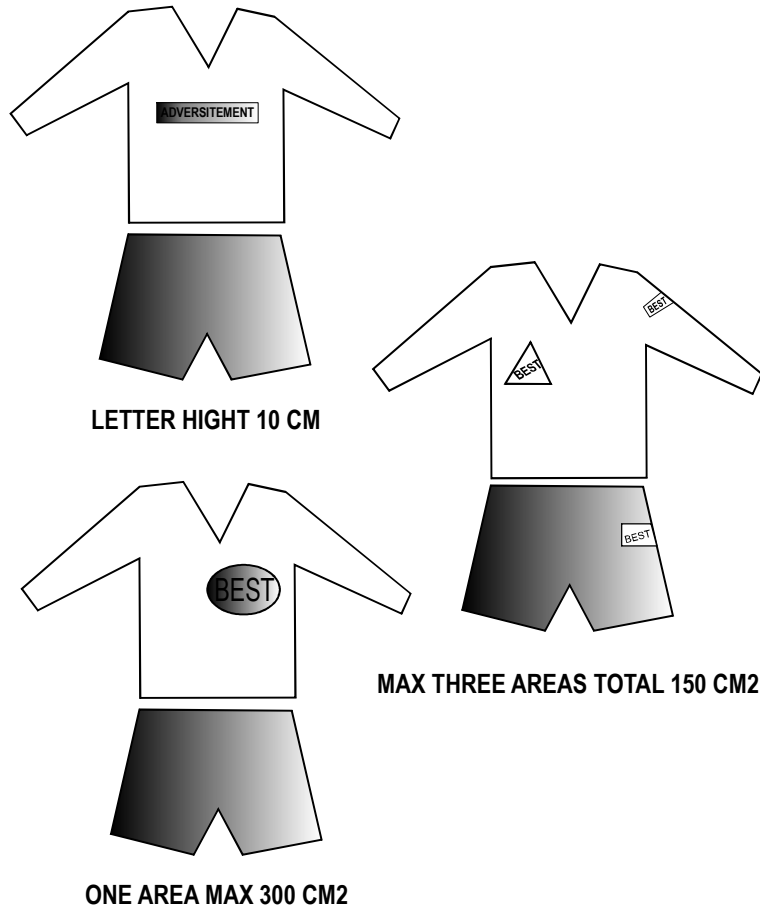
- 48. The following competent authorities will dispose all matters in dispute arising out of games and tournaments**

S.No.	Competition	Competent Authorities
1.	National Competition	Executive Committee of TWFI, New Delhi
2.	State Competition	Executive Committee of State Association of the concerned tournament
3.	District/Club Competition	Executive Committee of District Association of the concerned tournament

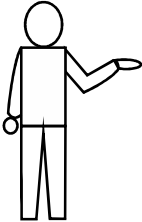
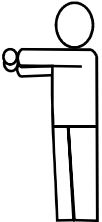
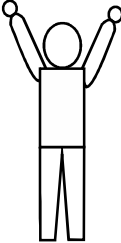
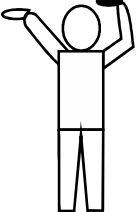
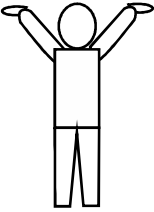
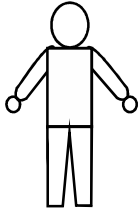
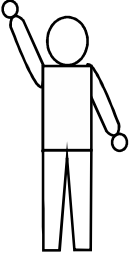
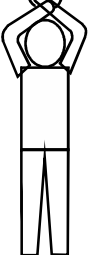

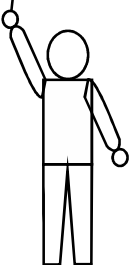
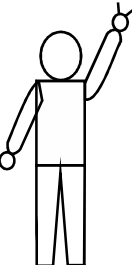
RULES FOR ADVERTISEMENT NATIONAL TEAMS

Attachment 4 Pictorial example advertisement

EXAMPLE OF ADVERTISEMENT AREAS ON SHIRTS AND SHORTS







Signals Commands (Reference Rule 27.3)

		
TEAM ARE YOU READY	PICK UP THE ROPE	TAKE THE STRAIN
		
ROPE TO CENTRE	STEADY	PULL
		
INDICATING WINNER	CHANGE ENDS	NO PULL
		
FIRST CAUTION	SECOND CAUTION	

Signals Infringements (Reference Rule 27.4)

		
SITTING	LEANING	LOCKING
		
GRIP	PROPPING	POSITION
		
CLIMBING	ROWING	ANCHORMAN
		
TRAINER	FOOTHOLDS	SIDESTEP

Referee Action

	Take the strain
Steady	
	
Pull	Change Ends

Infringements General



Locking



Locking

Infringements General



Locking



Locking

Infringements General



Sitting



Sitting

Infringements General



Anchor Grip



Anchor Grip

(Ref. Rule 8.1)

Sport dress for Indoor & Outdoor Tug of War Competition

T-Shirt



Shorts

Cap



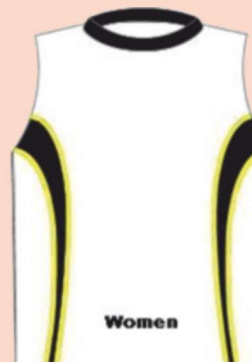
Stocking

T-Shirt & Short



Inner of
Indoor Shoe

Sport dress for Beach Tug of War Competition



(Ref. Rule 33)

TWFI Referee/Judge's Dress Code



TWFI National Referee Uniform



TWFI State Referee Uniform



TWFI Referee Whistle



TWFI District Referee Uniform (T-Shirt)



TWFI District Referee Uniform (Shirt)

(Ref. Rule 33)

TWFI Referee/Judge's Dress Code



(Ref. Rule 33)

TWFI Referee/judge/official's Dress Code



TWFI National Referee Blazer



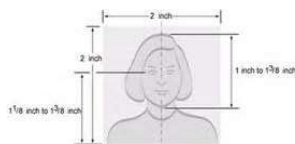
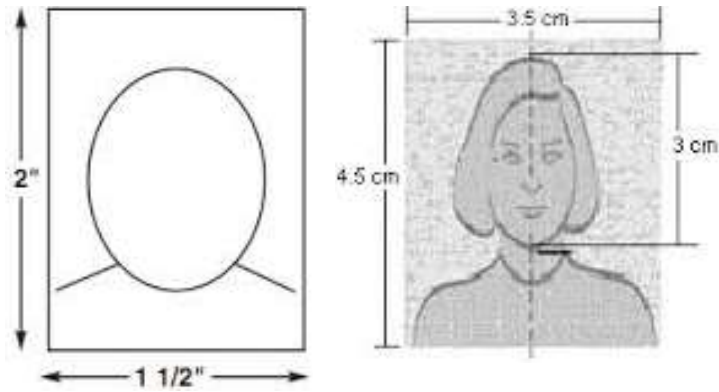
TWFI District Secretary Blazer



TWFI District Referee Blazer

(Ref. Rule 39.1)

PHOTO SPECIFICATION FOR IDENTITY CARD



frames too heavy

frames covering eyes

Head size and facial expression

Acceptable Unacceptable



Head too big

Expression not neutral



too close

too far away